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## BEACH-WEST PHARMACY

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JIM LABOW – Pharmacist  
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Saturday: 9:30 am – 12:00 noon

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### ARENA ADVERTISING

Attention Business Owners! The WDRA rents advertising wall space inside the arena. The signs are mounted on the wall surrounding the ice surface area. These billboards offer an excellent opportunity to promote your business as well as express your support for local events in the community. As a business owner, you can be sure that your advertisement will be seen by hundreds of spectators each year. Contact the WDRA at [wdra@nrtco.net](mailto:wdra@nrtco.net) for more information and make plans to have your ad ready for the next ice season.

### FOR HALL BOOKINGS

Please call Marg Gervais  
(613) 587-4838

### FOR ICE RENTAL BOOKINGS

Please call Brenda Grady  
(613) 587-4559



# WDRA

WESTMEATH & DISTRICT  
RECREATION ASSOCIATION

## FEBRUARY 2016 NEWSLETTER

To rent Community Centre Hall or Ice Rink Facilities:  
613-587-4559 or email [wdra@nrtco.net](mailto:wdra@nrtco.net)  
[www.westmeathtoday.ca](http://www.westmeathtoday.ca)

For Newsletter inquiries:  
Email: [wdranewsletter@nrtco.net](mailto:wdranewsletter@nrtco.net) or call 613-587-4394

## UPCOMING EVENTS

- Feb 3rd Lapasse CWL Soup & Sandwich 11:30am-1:00pm
- Feb 3rd, 10th, 17th & 24th YOGA 9-10:15 am Westmeath Hall
- Feb 6th Sweetheart Supper & Dance - 5:30 Westmeath Hall
- Feb 6th, 13th, 20th & 27th Public Skating - 6:30 pm
- Feb 7th WDRA Meeting - 7:30 pm
- Feb 9th OLG Pancake Supper
- Feb 10th RVSC Monthly Meeting 11:00 am
- Feb 10th RVSC Wellness Clinic 1:30 pm
- Feb 12th Tween Dance - 7:00 pm
- Feb 12th WDRA Boardwalk Bingo Pembroke
- Feb 13th Beachburg Atom House League Tournament
- Feb 14th St. Andrew's United Church Sweetheart Dessert Buffet
- Feb 15th FAMILY DAY
- Feb 15th Family Day Skinny 12-1 pm & Free Skate 1-2 pm - Westmeath
- Feb 17th RVSC Soup & Sandwich 12 noon
- Feb 18th Canada Day Planning Meeting - 7pm Westmeath Hall
- Mar 4th- 6th Westmeath Winter Carnival (see insert)

## WDRA Sweetheart Supper, Dance & Cake Auction Featuring Brian Hebert & Friends

Saturday, February 6, 2016  
Westmeath Recreation Centre



Doors open at 5:30pm  
Dinner at 6:30pm  
Cake Auction at 7:30pm  
Entertainment starts at 8:00pm  
Tickets \$25 per Person

**Menu: Roast Beef, Chicken, Hot Vegetables, Salad, Homemade Desserts**

For tickets or more information  
Contact Brenda at (613) 587-4518 or [wdra@nrtco.net](mailto:wdra@nrtco.net)

## TWEEN DANCE



"Red"  
Happy Valentine's

Friday, February 12, 7pm-10pm  
Ages 8-15yrs \$5/person

Music by Abbey Lane DJ  
Entertainment Canada

## CANADA DAY 2016

The WDRA is looking for a group of community members interested in helping to organize this year's Canada Day celebration along with long range planning of the 150th celebration in 2017. Planning meeting being held on Feb. 18 at 7pm at the Hall. Contact Brenda or Neil for more details.


*Sweetheart Dessert Buffet*  
**Sunday, February 14th**  
**2:00 - 5:00 pm**  
**St. Andrew's United Church Hall, Westmeath**  
**'All You Can Eat Dessert Buffet'**  
**\$6.00 per person**  
**Children (5-10 years) - \$3.00**  
**4 years and under - Free**  
**(Fundraiser for Washroom Renovations)**  
**EVERYONE WELCOME!**



**Kindergarten Registration for 2016/2017**  
**Westmeath Public School**  
**January 25-29 & February 1-5, 9:30 am - 3:00 pm**  
 JK - 4 yrs of age on or before Dec. 31 of current year.  
 SK - 5 yrs of age on or before Dec. 31 of current year.  
 For further information, please visit the Renfrew County District School Board website at [www.rcdsb.on.ca/en/parents/kindergarten.asp](http://www.rcdsb.on.ca/en/parents/kindergarten.asp).

**WDRA Free Weekday Skate**  
 One hour of FREE skating for seniors, tots, moms and dads. Every Friday from 1 - 2 pm. at the Westmeath Arena. CSA approved helmets required for those 16 years and under.

**Come out and enjoy some great hockey and food!**  
**ADULT HOCKEY TOURNAMENT**  
**Saturday, February 20, 2016**  
 Westmeath Arena  
 Watch for Schedule  
**Buffet Breakfast**  
 Westmeath Hall  
 7:30 - 11:30 am  
 Adults - \$8, 10 yrs & under - \$5,  
 3 yrs & under - free  
 Lunch Menu - 12:00 - 8:00 pm  
 Bar Open  
 Sponsored by the WDRA



**WDRA INDOOR SPORTS PROGRAM**  
 The WDRA will be hosting FREE indoor sports for ages 10-15 at the Beachburg Public School Gym from 4:15 -5:45 pm every Tuesday. This will include skill introduction and supervised games. We will be starting with basketball on Feb. 2nd. Please call Neil Nicholson at (613) 587-4725 for more information. We are also looking for volunteers to help families car pool to make sure any interested kids can participate.

**Family Day Special - FREE** Full Equipment Shinny Hockey for Ages 12-16. February 15th from 12-1 pm. This ice time is **sponsored by Beachburg and District Lions Club.**  
 Please call Neil Nicholson for more details or to register your spot at (613) 587-4725

**Township of Whitewater Region Strategic Plan**  
 The RVSC has graciously invited Mayor Hal Johnson to their monthly Soup & Sandwich on March 16, 2016 at the Community Hall to present the updated Township Strategic Plan. This presentation will be approximately half an hour in length and will cover four key sectors of the municipality:  
 \* Growth & Development \* Municipal Services  
 \* Health & Recreation \* Sustainable Environment  
 All are welcome and the public is encouraged to comment on the plan.

**PUBLIC SKATING**  
**Saturdays 6:30-9:00 pm**  
**\$2 per child, \$3 per adult**  
**\$65 Family Pass**  
 CSA approved helmets are mandatory for skaters under 16 years.



**FREE FAMILY DAY SKATE**  
 Sponsored by the Beachburg & District Lions Club  
 February 15th  
 1:00-2:00 pm at the Westmeath Arena.  
 All skaters, all ages welcome!

**SPAGHETTI SUPPER FUNDRAISER**  
**Sunday, March 13, 2016**  
**St. Andrew's United Church, Westmeath**  
**4:00 - 7:00 pm - \$10.00 per plate**  
 Spaghetti & Sauce, Caesar Salad, Garlic Bread, Cake & Ice Cream, Tea, Coffee & Juice  
**EVERYONE WELCOME!**



**"WHAT'S HAPPENING" with the RIVERVIEW SENIOR'S SOCIAL CLUB ~FEBRUARY 2016~**  
**Westmeath Riverview Senior's Club #802** is a non-profit and volunteer driven organization working to enhance the quality of life, community participation and independence of Seniors.

Our February Soup and Sandwich will be held Wed. Feb. 17<sup>th</sup>, at 12:00 noon, upstairs in the Westmeath Community Hall. A great lunch with many choices of homemade soups, non-processed meats, and delicious desserts will be served. The cost is \$8.00 and everyone is Welcome.

**Items for the local food bank would be appreciated.**

Our **monthly meeting** will be held Feb. 10<sup>th</sup>, at 11:00 am. You are encouraged to attend, and bring your lunch. Tea and Coffee will be served. Membership remains at \$10.00. New Members are welcome.

The **Wellness Clinic** will be held on Feb. 10<sup>th</sup> at 1:30 pm. Come out and have your blood pressure and sugar checked.

We are happy to once again to be able to offer the **Foot Care program**. Elizabeth Kelly, our foot care specialist will be here on Feb. 10<sup>th</sup>. If you are interested, please call Laurine Blackwell at 613-587-4491.

**YOGA** has proven to be very popular on Wed. mornings. If you are interested, give Danielle a call at 613-587-4615. Classes begin at 9:00 am and run until 10:15 am every Wed. morning. The cost is \$12.00 per session or \$42.00 for 6 weeks.

**Art classes** are held every Wed. at 1:30 to 4:30 pm in the Community Hall. "**Painting with Acrylics**" with Dudery Kenny. The cost is \$10.00 per session. For more information please call her at 613-582-3286. There is a limit of 12 students per class.

Reserve Feb. 26<sup>th</sup> for a fun filled **Kitchen Party to "Beat the Winter Blahs"**  
 The fun begins at 5:30 pm, with a social hour followed by a chili supper, live entertainment and open- mic.  
 This promises to be a fun filled evening.  
 Cost is \$15.00 per person in advance or at the door.

The HWT Project <http://hwtproject.ca/> is proudly sponsored by the Riverview Senior Social Club.

New to HWTProject.ca is the Lumbering Section that now includes excerpts from John Dunfield's books on the lumbering industry and Vern Price's book of memories on working in the shanty. Special thanks to Tommy Dunfield and Pat Price Krose for generously allowing their fathers' books to be used on the website.

Storyteller John Bromley, a life-long township sawyer himself, has submitted his writings on the historic sawmills of Westmeath. Well worth reading about a time now faded into the past.


Like us on Facebook at **Riverview Seniors Social Club**  
 Thank You for your continued support.

**Our Lady of Grace Catholic School Annual PANCAKE SUPPER**  
**SHROVE TUESDAY**  
**Tuesday, February 9, 2016**  
**Westmeath Community Centre**  
**4:30p.m. - 6:00p.m.**

<b>Children under 12</b>	<b>&amp; Seniors (65+) - - - - \$5.00</b>	<b>2 Pancakes &amp; 2 Sausages</b>
<b>Adults - - - - - \$7.00</b>		<b>3 Pancakes &amp; 3 Sausages</b>
<b>Children under 4 - - - - - free</b>		

\*All Prices include home baked beans, desserts & beverages!

**Come Join Us**



**Thursday, March 17, 2016**  
**Come out and enjoy**  
**ST. PATTY'S DAY**  
 Irish Stew, Vegetable Stew, Bake Beans & more. Homemade Bread and Desserts, Coffee & Tea (served buffet style)

**Adults - \$10**  
**10 yrs & under - \$5**  
**3 yrs & under - free**  
**Dinner - 4:30 - 7:00 pm**  
**Entertainment 6:00 - 9:00 pm**  
 (watch for posters)  
**Bar Open - 4:30 - 9:00 pm**  
**Sponsored by the WDRA**



**MARK YOUR CALENDAR!**  
**WDRA AGM**  
**Monday, April 18, 2016 - Volunteers Needed**

# Westmeath & District Recreation Association

## Winter Carnival 2016

Time	Event	Costs	Location
<b>Thursday, March 3rd</b>			
7-10 pm	Euchre Card Tournament	Button	Westmeath Hall
<b>Friday, March 4th</b>			
10 am – 3 pm	WPS and OLG School Carnivals	nil	Hall
7-10 pm	Tween Dance - Hockey Theme	\$2 with Button, \$5 without	Hall
7-12 pm	Co-ed Adult Hockey Tournament	\$350/team	Rink
<b>Saturday, March 5th</b>			
<b>WDRA Kitchen</b>			
7-1030 am	Big Breakfast	As posted	Hall
11 am - 10 pm	Lunch and Bar Food	As posted	Hall
<b>Children</b>			
10 am - 4 pm	Crafts and Grain Table (2-5 yr olds)	Button	Hall
12-1 pm	Sledding/Outdoor Games	Button	Ball Diamond
230-4 pm	Scavenger Hunt	Button	Hall
<b>Youth and Family</b>			
8 am - 5 pm	Family Ball Hockey Tournament	\$50/team	Parking Lot
10-12 am	Dogsledding Demonstrations	Button	Ball Diamond
1-2 pm	Lumberjack Competition	Button	Parking Lot
2-230	Outdoor fire and marshmallows	Button	Ball Diamond
1-3 pm	Bingo	Button	Hall
<b>Adults</b>			
9 am - 12 pm	Co-ed Adult Hockey Tournament	\$350/team	Rink
2-11 pm	Bar Open	As posted	Hall
8-11 pm	Live Music	Button	Hall

**Adult Co-Ed Hockey Tournament** - 3 games minimum, contact Ashley Bertrand at 613.635.1616 or ashleybertrand@live.ca to register your

**Card Tournament** - a fun evening Euchre and other games in a tournament style. Contact Pauline Wright at 613. 587.4493 to register your spot.

**Family Ball Hockey Tournament** - fun family teams are organized using an geographic area and require players from all ages with a coach over 55 years old. Contact Neil Nicholson at 613.587.4725 or n\_r\_nicholson@hotmail.com for the detailed requirements and to register your team or get your name placed on a team list.

**Lumberjack Competition** - The competition events will included activities such as nail pounded, log sawing, and starting a fire/boiling water. Individuals can sign up at the hall on the morning of Mar 5th. All materials for the competition will be provided.

**Bingo** - come have a fun-filled 2 hours of Bingo. Sign up in the hall on Mar 5th or contact Pauline Wright at 613.587.4493 for more info.

# Westmeath & District Recreation Association

## Winter Carnival 2016

Time	Event	Costs	Location
<b>Sunday, March 6th</b>			
	<b>WDRA Kitchen</b>		
9 am - 1 pm	Breakfast	As posted	Hall
4 pm - 630 pm	Spaghetti Supper	As posted	Hall
	<b>Youth and Family</b>		
12 - 1 pm	Atom Home Game	Button	Rink
1-5 pm	Pick-up Ball Hockey	Button	Parking Lot
1-2 pm	Novice Home Game	Button	Rink
2-3 pm	Peewee Home Game	Button	Rink
3-4 pm	Bantam Home Game	Button	Rink
4-5 pm	IP Home Game	Button	Rink
5-630 pm	Glowstick Fun Skate	Button	Rink
	<b>Prizes/Draws</b>		
Sat 4 pm	Jelly Bean Guess Jar	As posted	Hall
Sat 4 pm	50/50 Draw	As posted	Hall
Sun 6 pm	Button Draws	\$3/Button	Hall

**Kids Crafts, Grain Table and Scavenger Hunt** - back by popular demand we will have our local 4-H group hosting a kids craft table for the kid in all of us. We will have the famous grain table for all the young farmers as well as a family focussed scavenger hunt with some great prizes.

**Live Music** - Dale Yuke will be filling the hall with some great tunes for everyone to enjoy a few minutes between hockey games or after a full day of activity. The bar will be open and the kitchen will be serving bar foods and treats.

**Dogsledding** - come have a fun-filled 2 hours of watching and working with a local dogsledding enthusiast. Following this we will be having outdoor sledding and games.

**Minor Hockey Home Games** - this is our opportunity to see all our Westmeath Players on the ice. Whether on a Beachburg or Westmeath Team, we have invited all teams that have Westmeath players to host an exhibition home game so family and friends can all see them on the ice. Come out and cheer them on, then stay around for the spaghetti supper and all the kids can play pick-up ball hockey in the streets. We finish the day with a lights out - glow stick Fun Skate....everyone will be ready for bed Sunday night!

**Outdoor Fire/Marshmellows** - weather permitting, we will have fire and marshmallows available for everyone to warm up and enjoy some gooey snacks!

**WDRA Meals** - come out and enjoy great food and great company, all while helping raise funds for the WDRA to continue to maintain our facilities, sports and recreation in our community. If you plan it right, you could avoid cooking all weekend!