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WDRA

WESTMEATH & DISTRICT
 RECREATION ASSOCIATION

MARCH 2014 NEWSLETTER

To rent Community Centre Hall or Ice Rink Facilities:
 613-587-4559 or email wdra@nrtco.net
www.westmeathtoday.ca

For Newsletter inquiries:
 Email: aegervais@gmail.com or call 613-587-4875

every day GOURMET

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Dana Nicholson, National Director, Independent Consultant
 613-587-4724 danasepicure@hotmail.com

now serving
PIZZA

at the Westmeath Arena Canteen
 stop in for a slice or order a whole pizza!

Open most weeknights 5:00-9:00
 Saturdays 8:30-Noon & 6:00-9:00
 cake orders: 613.401.7427
 canteen: 613.587.4559
 web: thesweetshack.ca

UPCOMING EVENTS

Feb. 28th Schools Winter Carnival
 Family Karaoke/Dance

Mar. 1st Winter Carnival
 YukYuks 8pm

Mar. 2nd Winter Carnival

Mar. 4th OLG Pancake Supper
 WDRA Hall 430-630pm

Mar. 5th Soup&Sandwich
 LaPasse Hall 1130-1pm

Mar. 6th Lunafest. Beachburg

Mar. 9th Spaghetti Supper
 St. Andrew's Church

Mar. 8th Nangor Kids Ice Fishing
 Derby 10am-4pm

Mar. 12th Wellness Clinic/Foot Care

Mar. 14th Tween Dance
 7pm-10pm

Mar. 15th WDRA St Patty's Dance
 WDRA Hall 8pm-1am

Mar. 15th Upstream Dave @
 Nangor

Mar. 19th RVSC Soup/Sandwich

Mar. 21st RVSC Pub Night

Mar. 23rd Relay for Life Official
 Launch Beachburg

Apr. 26th Pancake Breakfast
 Beachburg Lions Hall

Apr. 28th WDRA AGM @ 7pm



St. Patty's Day Dance

Saturday, March 15, 2014

8pm-1am • \$10/person

WDRA Hall

light lunch served

Music by Abbey Lane DJ Entertainment Canada

**Tickets available at the LaPasse Store
 and the Westmeath Arena Canteen
 or call Sherry White 613-582-3409**

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613-582-3431
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A very successful "murder mystery" dinner was held at the Westmeath Hall. Thank you to Amanda Gervais, Rod Keeping for organizing the event.
 Many thanks to all of the cast members, kitchen and bar staff! We hope that all who came out for the dinner had a wonderful time and look forward to the next one!

TWEEN DANCE

Friday March 14th 2014

7pm-10pm

**SHOW YOUR IRISH
 GO GREEN**



**Ages 8-15
 \$5/person**

Music by Abbey Lane DJ
 Entertainment Canada

WDRA

Annual General Meeting

APRIL 28th @ 7:00pm

This is a chance for everyone to come out and support our great community! We are looking for fresh, enthusiastic volunteers to be a part of the WDRA Board Executive! Please join us for an evening of change and opportunity!

BEACH-WEST PHARMACY
 1858 Beachburg Road, Beachburg, Ontario K0J 1C0

JIM LABOW – Pharmacist
 Phone: 613-582-3333 Fax: 613-582-3338

Pharmacy Hours
 Monday – Friday: 9:30 am – 5:45 pm
 Saturday: 9:30 am – 12:00 noon

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**277 Nangor Trail,
Westmeath
1800-268-5302**

Our last blast of the season!
Celebrate St Patricks Day with Upstream
Dave on March 15th! This is also out last
day of the season—come down and help
us wrap up!



NANGOR KIDS ICE FISHING DERBY * MARCH 8TH
10AM-430PM * AGES: 4-14 Admission: \$10.00
ADULT SUPERVISION IS REQUIRED

WHITEWATER SENIORS SPEAKER SERIES CONTINUES!



**WEDNESDAY, MARCH 26, 2014
WESTMEATH COMMUNITY CENTRE
1:00pm – 2:00pm
REFRESHMENTS TO FOLLOW
Admission is Free.
SPEAKER: MARINA D'ARTHENAY
Edward Jones Financial Advisor**

Build Your Legacy:

- It's important to develop your estate plan to help ensure your wishes remain intact.
- During our Estate Planning - Building Your Legacy seminar, you will learn:
 - The value of having an estate plan - beyond a simple will
 - Four key building blocks for an effective estate plan
 - What to consider when creating or updating your estate plan

Muskrat Hockey Cookbooks! \$10.00



Inspiring Change

THURSDAY MARCH 6, 2014

COBDEN LEGION (UPSTAIRS)
6:00 – 9:00

LUNAFEST
short films by, for, about Women
www.lunafest.org



DONATIONS GRATEFULLY ACCEPTED FOR THE 'WOMEN'S MONUMENT PROJECT' IN PETAWAWA

SPAGHETTI SUPPER

ST ANDREWS
UNITED CHURCH

Sunday March 9th * 4pm-7pm
@ Church Hall * \$10/plate



Spaghetti, Caesar Salad,
Garlic Bread & Desert,
Tea, Coffee or Juice
EVERYONE WELCOME!
PROCEEDS TO CHURCH

PUBLIC SKATING

Saturday nights 6:30-9:00pm
Helmets are mandatory for
skaters under the age of 16.

Ice Time Rentals:

Ice available for rent for birthday parties,
Christmas parties, etc.
Contact Brenda at wdra@nrtco.net or
613-587-4559 or 613-587-4518



UPDATE FROM



RIVERVIEW SENIOR'S SOCIAL CLUB

Our monthly Soup & Sandwich will be on
Wednesday, March 19th at the West-
meath Community Centre from 12 noon
until 1 p.m. A great lunch of homemade
soups, cold cuts and desserts are
served and the price is \$8.00. Please
bring an item to fill our basket for the
local food bank.

The Wellness Clinic and Foot Care is
available for everyone and is held at
1:30 on Wednesday, March 12th
after our monthly meeting.

Pub night held on January 17th was
well attended. Delicious chili was served
with beans, coleslaw and desserts.

Card games, shuffleboard and board
games were played for a few hours and
a good time was had by all. Another pub
night will be held on Friday, March 21st
at 5:30, cost is \$10.00. Lasagne and
pasta dishes together with tossed/
Caesar salads with buns will be served.

Yoga classes are being held every
Wednesday at 9 a.m – everyone is wel-
come. The next session begins on Feb-
ruary 19th. Please contact Doreen at
587-4834 for more
information.

Thank you for your continued
support!!

**SAVE YOUR BOTTLES! WDRA
WILL BE DOING A BOTTLE DRIVE
IN APRIL!
Look for the date in the
April Newsletter!**

WESTMEATH WINTER CARNIVAL 2014

Buttons \$3.00 each ** Prizes to be Announced ** Button Draw Sunday Afternoon 3pm

FRIDAY FEBRUARY 28TH

10:00am-3:30pm Schools Winter Carnival & Colouring Contest

7:00pm Westmeath Mixed Hockey Tournament Starts

6:30pm – 11pm Family Karaoke, Dance and Games (\$3.00 per person, n/c with button)

SATURDAY MARCH 1ST

7:30am-11:00am Buffet Breakfast Adults \$7.00 Children \$5.00

9am – 4pm Hockey Tournament Continues

8:00am-4:00pm Street Hockey Tournament

10am-4:00pm Children's Play Area (Hall)

10:00am Registration for Chili Contest

11:00am-4:00pm Lunch (Outside BBQ, weather permitting)

11:00am Chilli Contest

(To pre-register contact Brenda@587-4559, Amanda@587-4875 wdra@nrtco.net)

11:00pm Musical Chairs with Westi

12:00pm Bubble Gum Blowing Contest

12:00pm-1:00pm Family Scavenger Hunt Registration

Teams of 4 – no charge with button, \$12 per team without

12:00pm BAR OPENS (Hall)

12:30pm-2:30pm BINGO

2:30pm-4:30pm EUCHRE

1:00pm-4:00pm Outside Games – 3 Areas: Preschool, Ages 6-12, Ages 10 & Up

4:00pm Chuck a Puck

**4:00pm-6:00pm DINNER: Baked Ham, Baked Beans, Scalloped Potatoes, Coleslaw, Dinner
Rolls, Dessert, Coffee & Tea**

Cost: \$10 Adult, \$5 Kids (5-11), 4 and under n/c

6:00-7:00pm Silent Auction

Announce Winners of Events

6:30pm-9:00pm Public Skate / Glow Stick Skate

8:00pm-10:00pm Yuk Yuk's For tickets contact Amanda@587-4875

Tickets \$25each or \$30 with dinner

SUNDAY, MARCH 2nd

8:00am-12:00pm A La Carte Breakfast

9:00am-1:00pm Hockey Tournament Continues

12:00pm-4:00pm Lunch

12:00pm BAR OPENS

**1:00pm-4:00pm Kitchen Party – bring your instruments, your voice, it's going to be lots of
fun! Contact Marie McMullen at 587-4436 for more details**

Button Draw

2:30pm-3:30pm

3:30pm-4:30pm

4:30pm-5:30pm

Public Skate

Paint Can Bowling

Shinny or Hockey Game



1st Annual Whitewater Region Relay for Life—Fri. June 20th

For more info contact:

Angie McCutcheon: angie.mccutcheon@gmail.com

Cindy Giroux: giroux@nrtco.net

Canadian Cancer Society: 613-735-2571

Volunteers and Fundraising teams needed! Let's make cancer History!



**OFFICIAL LAUNCH
SUNDAY MARCH 23RD 2-4PM
BEACHBURG ARENA**