



ELLIOTT'S INCOME TAX 613-582-3431 318 WESTMEATH ROAD

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BEACH-WEST PHARMACY

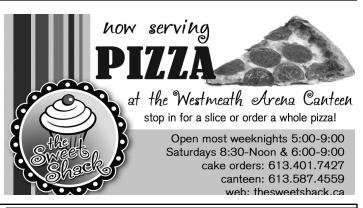
1858 Beachburg Road, Beachburg, Ontario K0J 1C0

JIM LABOW – Pharmacist **Phone:** 613-582-3333 Fax: 613-582-3338

Pharmacy Hours
Monday – Friday: 9:30 am – 5:45 pm
Saturday: 9:30 am – 12:00 noon

PRESCRIPTIONS • DIABETIC SUPPLIES
HEALTH & BEAUTY AIDS
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Your Life, Your Love, Your Wedding

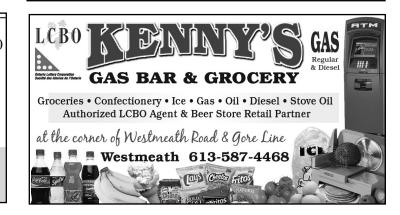
Wedding Officiants (Ontario Licensed)



Cathy Williamson
613-587-4715 www.cathywilliamson.ca

Danielle Thomas

613-587-4615 granielle@mail.com (Ceremonies en français aussi)





MARCH 2014 NEWSLETTER

To rent Community Centre Hall or Ice Rink Facilities: 613-587-4559 or email wdra@nrtco.net www.westmeathtoday.ca

For Newsletter inquiries: Email: aegervais@gmail.com or call 613-587-4875



Mar. 19th

UPCOMING EVENTS

	Family Karaoke/Dance
Mar. 1st	Winter Carnival
	YukYuks 8pm
Mar. 2nd	Winter Carnival
Mar. 4th	OLG Pancake Supper
	WDRA Hall 430-630pm
Mar. 5th	Soup&Sandwich
	LaPasse Hall 1130-1pm
Mar. 6th	Lunafest. Beachburg
Mar. 9th	Spaghetti Supper
	St. Andrew's Church
Mar. 8th	Nangor Kids Ice Fishing
	Derby 10am-4pm
Mar. 12th	Wellness Clinic/Foot Care
Mar. 14th	Tween Dance
	7pm-10pm
Mar. 15th	WDRA St Patty's Dance
	WDRA Hall 8pm-1am
Mar. 15th	Upstream Dave @
	Nangor

RVSC Soup/Sandwich

Launch Beachburg

Beachburg Lions Hall

Mar. 21st RVSC Pub Night

Mar. 23rd Relay for Life Official

Apr. 26th Pancake Breakfast

Apr. 28th WDRA AGM @ 7pm

Feb. 28th Schools Winter Carnival

A very successful "murder mystery"
dinner was held at the Westmeath Hall. Thank
you to Amanda Gervais, Rod Keeping for
organizing the event.
Many thanks to all of the cast

members, kitchen and bar staff! We hope that
all who came out for the
dinner had a wonderful time and look
forward to the next one!



St. Patty's Day Dance

Saturday, March 15, 2014

8pm-1am · \$10/person

WDRA Hall

light lunch served

Music by Abbey Lane DI Entertainment Canada

Tickets available at the LaPasse Store and the Westmeath Arena Canteen or call Sherry White 613-582-3409

TWEEN DANCE

Friday March 14th 2014 7pm-10pm SHOW YOUR IRISH GO GREEN



Ages 8-15 \$5/person

Music by Abbey Lane DJ Entertainment Canada

WDRA

Annual General Meeting

APRIL 28th @ 7:00pm

This is a chance for everyone to come out and support our great community! We are looking for fresh, enthusiastic volunteers to be a part of the WDRA Board Executive! Please join us for an evening of change and opportunity!



277 Nangor Trail, Westmeath 1800-268-5302

Our last blast of the season! **Celebrate St Patricks Day with Upstream** Dave on March 15th! This is also out last day of the season—come down and help us wrap up!

NANGOR KIDS ICE FISHING DERBY * MARCH 8TH 10AM-430PM * AGES: 4-14 Admission: \$10.00 **ADULT SUPERVISION IS REQUIRED**



WHITEWATER SENIORS SPEAKER SERIES CONTINUES!



WEDNESDAY, MARCH 26, 2014 WESTMEATH COMMUNITY CENTRE 1:00pm - 2:00pm REFRESHMENTS TO FOLLOW Admission is Free. SPEAKER: MARINA D'ARTHENAY **Edward Jones Financial Advisor**

Build Your Legacy:

-It's important to develop your estate plan to help ensure your wishes remain intact. -During our Estate Planning - Building Your Legacy seminar, you will learn: -The value of having an estate plan - beyond a simple will -Four key building blocks for an effective estate plan -What to consider when creating or updating your estate plan

Muskrat Hockey Cookbooks! \$10.00

'FEAST AND In ernational Week FILM NIGHT' POTLUCK BRING A FAVOURITE DISH FROM YOUR GRANDMA'S RECIPE BOOK TO SHARE

Inspiring Change

THURSDAY MARCH 6, 2014 COBDEN LEGION (UPSTAIRS)



Canadia Cancer

Society

SPAGHETTI SUPPER **ST ANDREWS** UNITED CHURCH

Sunday March 9th * 4pm-7pm @ Church Hall * \$10/plate

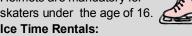


Spaghetti, Caesar Salad, Garlic Bread & Desert, Tea, Coffee or Juice **EVERYONE WELCOME!** PROCEEDS TO CHURCH

PUBLIC SKATING

Saturday nights 6:30-9:00pm Helmets are mandatory for skaters under the age of 16.

613-587-4559 or 613-587-4518



Ice available for rent for birthday parties Christmas parties, etc. Contact Brenda at wdra@nrtco.net or

UPDATE FROM



RIVERVIEW SENIOR'S

SOCIAL CLUB

Our monthly Soup & Sandwich will be on Wednesday, March 19th at the Westmeath Community Centre from 12 noon until 1 p.m. A great lunch of homemade soups, cold cuts and desserts are served and the price is \$8.00. Please bring an item to fill our basket for the

The Wellness Clinic and Foot Care is available for everyone and is held at 1:30 on Wednesday, March 12th after our monthly meeting.

local food bank.

Pub night held on January 17th was well attended. Delicious chili was served with beans, coleslaw and desserts. Card games, shuffleboard and board games were played for a few hours and a good time was had by all. Another pub night will be held on Friday, March 21st at 5:30, cost is \$10.00. Lasagne and pasta dishes together with tossed/ Caesar salads with buns will be served.

Yoga classes are being held every Wednesday at 9 a.m - everyone is welcome. The next session begins on February 19th. Please contact Doreen at

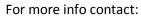
587-4834 for more information.

Thank you for your continued support!!

SAVE YOUR BOTTLES! WDRA WILL BE DOING A BOTTLE DRIVE IN APRIL!

> Look for the date in the April Newsletter!

1st Annual Whitewater Region Relay for Life—Fri. June 20th



Angie McCutcheon: angie.mccutcheon@gmail.com

Cindy Giroux: giroux@nrtco.net

Canadian Cancer Society: 613-735-2571

OFFICIAL LAUNCH SUNDAY MARCH 23RD 2-4PM

BEACHBURG ARENA

Volunteers and Fundraising teams needed! Let's make cancer History!

WESTMEATH WINTER CARNIVAL 2014

Buttons \$3.00 each ** Prizes to be Announced ** Button Draw Sunday Afternoon 3pm

FRIDAY FEBRUARY 28TH

10:00am-3:30pm Schools Winter Carnival & Colouring Contest 7:00pm **Westmeath Mixed Hockey Tournament Starts**

6:30pm – 11pm Family Karaoke, Dance and Games (\$3.00 per person, n/c with button)

SATURDAY MARCH 1ST

7:30am-11:00am Buffet Breakfast Adults \$7.00 Children \$5.00

9am - 4pm **Hockey Tournament Continues** 8:00am-4:00pm **Street Hockey Tournament** 10am-4:00pm **Children's Play Area (Hall)**

10:00am **Registration for Chili Contest**

11:00am-4:00pm Lunch (Outside BBQ, weather permitting)

11:00am **Chilli Contest**

(To pre-register contact Brenda@587-4559, Amanda@587-4875 wdra@nrtco.net)

11:00pm **Musical Chairs with Westi** 12:00pm **Bubble Gum Blowing Contest**

12:00pm-1:00pm Family Scavenger Hunt Registration

Starts at 1pm

Teams of 4 – no charge with button, \$12 per team without

BAR OPENS (Hall) 12:00pm

12:30pm-2:30pm BINGO 2:30pm-4:30pm **EUCHRE**

Outside Games - 3 Areas: Preschool, Ages 6-12, Ages 10 & Up 1:00pm-4:00pm

4:00pm **Chuck a Puck**

4:00pm-6:00pm DINNER: Baked Ham, Baked Beans, Scalloped Potatoes, Colesiaw, Dinner

Rolls. Dessert. Coffee & Tea

Cost: \$10 Adult, \$5 Kids (5-11), 4 and under n/c

6:00-7:00pm **Silent Auction**

Announce Winners of Events

6:30pm-9:00pm **Public Skate / Glow Stick Skate**

8:00pm-10:00pm Yuk Yuk's For tickets contact Amanda@587-4875

Tickets \$25each or \$30 with dinner

SUNDAY, MARCH 2nd

8:00am-12:00pm A La Carte Breakfast

9:00am-1:00pm **Hockey Tournament Continues**

12:00pm-4:00pm Lunch

12:00pm **BAR OPENS**

1:00pm-4:00pm Kitchen Party - bring your instruments, your voice, it's going to be lots of

fun! Contact Marie McMullen at 587-4436 for more details

Button Draw

2:30pm-3:30pm **Public Skate** 3:30pm-4:30pm **Paint Can Bowling** 4:30pm-5:30pm **Shinny or Hockey Game**



