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OCTOBER 2013 NEWSLETTER

To rent the Community Centre Hall or Ice Rink Facilities: 613-587-4559 or email wdra@nrtco.net

For Newsletter content:

email aegervais@gmail.com or call 613.587.4875

Upcoming Events

westmeathtoday.



Oct. 2nd Soup and Sandwich LaPasse, ON 1130am-100pm

Euchre WDRA Hall Oct. 3rd

7pm

Oct. 9th Wellness Foot Care Clinic WDRA Hall, 130pm

Oct. 10th Euchre WDRA Hall 7pm

Bingo, Pembroke Oct. 11th

Oct. 16th Social Club Soup and Sandwich WDRA Hall, 1200pm

Oct. 17th Euchre WDRA Hall

7pm

Oct. 18th Tween Dance WDRA Hall, 7pm-10pm

Oct. 24th Euchre WDRA Hall 7pm

Oct. 26th WDRA Halloween

Dance

Oct. 27th WDRA Kids Halloween Party

Nov. 2nd United Church Supper WDRA Hall HALLOWEEN DANCE

Saturday, Oct. 26, 2013 8pm-12am

at the Westmeath Rec Centre Hall

Costumes Optional Prizes for Best Costumes

Light Lunch Provided. \$15 per person



For tickets or more information contact Eileen de Haan @ 613-587-4462

Come one, come all!











TWEEN DANCE

Friday, October 18 7 - 10 pmWestmeath Rec. Centre Hall Ages 8-15, \$5 per person Music by Abbey Lane DJ **Entertainment Canada**





St. Andrew's United Church Westmeath

ROAST BEEF SUPPER & BAZAAR

Saturday November 2nd
Westmeath Rec Centre Hall
Bazaar at 3pm, Supper 3:30-7pm
Adults: \$12
Children (5-12yrs): \$6
4yrs and under: Free
Take-Out Available
Wheelchair Accessible
Come out and Enjoy a Delicious
Roast Beef Dinner with all the
Trimmings and pick some tasty
treats or gift ideas from our
Bazaar Tables.



PUBLIC SKATING

Public Skating Saturday Nights 6:30pm-9pm

ICE TIME RENTALS

Westmeath Arena Is Open!
Ice Available for rent –
for birthday parties,
Christmas Parties, etc
Contact Brenda at
wdra@nrtco.net or
613-587-4559 or
613-587-4518

CALLING ALL HIGHSCHOOL STUDENTS!!!

If you are requiring
Community Service hours
we would like to invite you
to register to help out with
your Home Arena and Hall.
Please contact Bryan
Dupuis at 613-587-4897

COOK BOOKS

Minor Hockey Cook Books For Sale - \$10.00, available at arena or contact Brenda at wdra@nrtco.net or 613-587-4518











ANNOUNCEMENTS

Please join us in welcoming
Eileen deHaan to the WDRA
as Events Coordinator. She
is excited to be working with
the board and the community
to bring exciting events
throughout the year!

Crime Stoppers Calendars are available to purchase! Please contact Lisa McDonald at 613-587-4153

Come join us for Euchre every Thursday night at 7pm!

Raffle Tickets!!!! Look for one of your WDRA Board Executive Members to purchase your chance at great prizes!

With Remembrance Day approaching, members of our community have noticed the how lovely the cenotaph in Westmeath is. Art Plume and Eric & Lorraine Blackwell have been keeping this important reminder looking its best! Thank you very much!

BINGO

Wednesday, October 15th at 7 p.m. LaPasse Hall Sponsored by the Westmeath Riverview Seniors Club

LITTLE BUGS BILINGUAL LEARNING CENTER

548A Westmeath road

- Smoke/pet free house
 - Healthy food
- Outdoor/Educational activities every day
 - Flexible hours

For more information, call me! Cindy 582-3790 cell 717-6790

WINTER CARNIVAL COMMITTEE

Please contact
Amanda 613.587.4875
or Brenda 613.587.4518
if you would like to be a part of
the Winter Carnival Planning
Committee in the fall.

THANK-YOU!

A big THANK YOU to Mel deHanne and Volunteers for putting in the ice.



Westmeath Arena is once again offering Skate Sharpening at the rink

A defibrillator has been provided by the County of Renfrew Health Unit for the Village of LaPasse. The defibrillator has been installed in the parish hall in LaPasse. There will be a list posted at Lacroix Store and at the Hall. Copies of the list of volunteers will also be left at the back of the church for pickup.

UPDATE FROM RIVERVIEW SENIOR'S SOCIAL CLUB

Soup and Sandwich will be held on Wed. Oct. 16th upstairs at the Community Centre at 12:00 noon. Homemade soups, cold cuts, and great desserts, all for \$8.00. Bring a friend and come and join us.

This month we are asking you to bring along a box of cereal or oatmeal for the Food bank. Let's try and fill our Breakfast basket.

The Wellness Clinic as well as Foot Care will take place after our regular meeting on Oct. 9th at 1:30 pm.

A very special Thank-You to Irene O'Connor for her many hours of work in organizing the trip to Sault-St. Marie. Approx. 40 members enjoyed 3 days of sight-seeing and fun. Unfortunately the weather didn't co-operate and the train trip had to be cancelled, however in true Senior's fashion, they made the most of their time together and had a great time shopping, touring museums, swimming and even a little gaming at the Casino. Great Job Irene!!

At our last monthly meeting, our past president Laurine Blackwell was presented with a pin in honour of the service she has provided to the Riverside Social Club. Thank You Laurine!!!

This year our annual Christmas Dinner and Dance will be held on Dec. 7th, you will want to mark it on your calendar. Tickets will be on sale soon. Live music and a great meal have been planned.

Membership remains at \$10.00 again this year and is now due for the upcoming year... Our Membership convener is Sheila O'Brien and she can be reached at 582-7028. We encourage new members.

Thank you for your continued support.



ACTIVE SENIORS ARE HEALTHY SENIORS! HEALTHY SENIORS ARE HAPPY SENIORS

OCTOBER EVENTS

© Great response to Yoga in September.
Still room for others to join.
Tuesdays 9:00 am - Lapasse Parish Hall
Thursdays 9:00 am - Cobden Municipal Hall

√ NOTE: Acrylic Painting: change of start date
Classes begin on Monday, October 7th
(since October 14th is Thanksgiving!)
Same Location: Firehall in Foresters Falls
Time: 1:00 pm - 3:30 pm
Call Cathy to register: 613-587-4715

* * *

© Speakers Series continues:
October 23rd Elizabeth Hagan from
Heartsong Yoga Studio, Renfrew and
Pharmacist Leanne Thom on the Topic of:
Impact of Yoga on Health and
Understanding Medications
Time: 1:00 pm - 2:00 pm

(followed by refreshments)
Location: Cobden Municipal Building (back entrance)
Admission is **FREE**

© Seniors Helping Seni © rs "Buddy System"

Buddy Training for those who will be buddies

Instructor: JoAnne Brooks

Wednesday, October 30th; Time: 1:00 pm - 2:00 pm

Location: Westmeath Community Centre Hall

TWEEN DANCE RULES

NO RUNNING

NO EXIT (If cell phone use is necessary, you will be escorted outside by an adult)

If you go off the steps or ramp you will not be allowed back in.

No entrance past 8:30 without adult escort.

Please treat others with respect. Be kind to one another.

If any problems come find an adult so we can deal with it.

Public displays (ex. kissing) of affection are to be kept to a minimum.

No child is allowed to leave the steps at the end of event. Until

I see the parents vehicle and get a wave from parent.

Sherry White 613-582-3409 white.cows.kids@nrtco.net

Do not hesitate to call with questions or suggestions.

Always accepting help



Back for another season at the Westmeath Arena Canteen.

orders: 613.401.7427 canteen: 613.587.4559 web: thesweetshack.ca

Newsletter Design and Layout by Dana Th