



Seniors from all Whitewater Township communities are welcome to attend any event listed. Require transportation? If so, be sure to ask when you register. There are no costs unless stated.

Friday October 7th Westmeath Westmeath Rec. Centre 119 Synton Ave 1:00-2:30pm **Snacks & Refreshments Topic: Understanding De**mentia

Presenter: Brenda Dwyer The Dementia Society



Friday October 21st **Haley Station Haley United Church** 760 Calvin Road 1:00-2:30pm **Snacks & Refreshments Presenter: Angie Lepine Topic: Community Re**sources



Friday October 14th Cobden St. Paul's Anglican Church 27 Crawford St. 2:00-3:30pm **Snacks & Refreshments**

Fopic: Osteoporosis, Fragility Fractures & Postural Deformity

Presenter: Mark Peever





DROP IN

Wednesday October 19th Beachburg Whitewater Seniors Office 1765 Beachburg Rd 1:00-2:30pm **Snacks & Refreshments** Topic: Euchre

No registration required

Friday October 28th Beachburg **Beachburg United Church** 1744 Beachburg Rd 11:30-1:00pm Soup & Sandwich **Whitewater Region Fire** Dept. booth Admission by

Donation, no registration required



Carefor

REGISTRATION REQUIRED (unless otherwise stated). Call Whitewater Seniors at 1-833-582-7004 or email seniors@whitewaterregion.ca

Dana Nicholson

National Director

Office: 18667969798

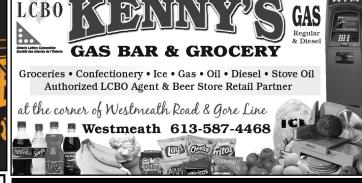
Independent Consultant, Epicure

Email: danasgoodfood@hotmail.com







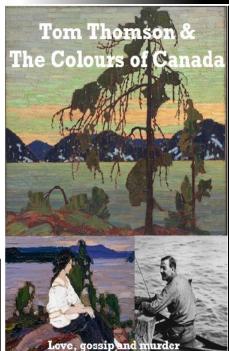




OCTOBER 2022 NEWSLETTER

To rent Community Centre Hall: 613-587-4559/613-587-4838 or email wdra@nrtco.net Ice bookings: arenas@whitewaterregion.ca; call Township office M-F, 8:30 am - 4 pm, ask for Debbie

For Newsletter inquiries: Email: wdranewsletter@nrtco.net or call DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH www.westmeathtoday.ca



STONE FENCE **THEATRE**

Presents

Tom Thompson & the Colours of Canada

Westmeath Community Hall, Friday, October 28th, 7:30pm

> **Show and Dessert** Adults \$40, Youth \$20

For more information and to purchase tickets please contact Heather @ 613-587-4394. Please leave a message and your call will be returned as soon as possible.



WESTMEATH & DISTRICT

RECREATION ASSOCIATION

Oct. 1st CAF Military Exercise/Display

Oct. 5th LaPasse Soup Luncheon 11:30

(see details inside)

(see details inside)

Oct. 12th RSSC All Candidates Night

Oct. 19th RSSC Soup & Dessert

Westmeath Ball Diamond

UPCOMING

EVENTS



Elliott BROOD with Jeremy Fisher at the Westmeath & District Recreation Centre Saturday, October 22nd—Doors open at 7:00 pm

Tickets available for purchase at https://festivalofsmallhalls.frontgatetickets.com/

RIVERVIEW SENIORS SOCIAL CLUB



ALL CANDIDATES NIGHT

Wednesday, October 12th, 2022, at 7 to 9:30 p.m.

Westmeath Recreation Centre Hall. 119 Synton Street, Westmeath Village.

Ask your municipal election candidates about the issues that are important to you. Two candidates are running to be mayor and ten candidates are running for five council positions. Be well prepared before the October 14-24 voting period.



Masks remain welcome and recommended for all attending.



The Westmeath Pickleball Club is moving to Beachburg!!!

The Westmeath Pickleball Club is moving, and all the important details are below

WHEN: Starting Wednesday, September 14th, we will be playing Wednesday evenings from 6:30 to 8:30 pm for the months of September and October

WHERE: The Beachburg Arena ice surface.

WHO: Anyone 18+. We are welcoming back the previous players and encouraging new people to come try it out.

COST: \$2 per evening (cash only).

WHAT TO BRING: A Pickleball paddle (if you have one, if not, spares are available), proper footwear, a water bottle, and \$2.

WHY: Pickleball is fun to play and it is great exercise. The Westmeath Pickleball Club is purely recreational and is not competitive. Why not come try out one of the fastest growing sports in the world!

CONTACTS: Lois Robinson (blrobin@nrtco.net, 613-587-4582) or Katie Robinson (katierobin00@gmail.com, 613-883-4582). If you have any questions, please feel free to reach out to us.







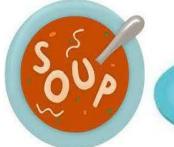








SOUP & DESSERT





12 noon, Wednesday, October 19th

Westmeath Rec Centre Hall 119 Synton Street, Westmeath Village \$8.00 at the door

Everyone Welcome

Soup and Dessert Open to Everyone

The Riverview Seniors Social Club will be reviving its tradition of a monthly noon hour lunch starting Wednesday, October 19, at the Westmeath Rec Centre Hall.

Pre-Covid, guests could make their own sandwiches using a variety of fillings. Now the sandwich portion is being discontinued. Pandemic protocols around the handling of foods and the much-increased cost of food have driven this change.

A hearty bowl of soup with a roll and a lovely selection of desserts will be offered for \$8.00. Coffee, tea, and socializing included. Everything is homemade so please attend and enjoy yourself. Welcome back everybody.

Dart night will begin again on Friday November 4th at 7:00 pm, Westmeath Rec. Centre Hall. \$5.00 per person. The bar is open. Bring your own darts. Great fun and lots of laughs.

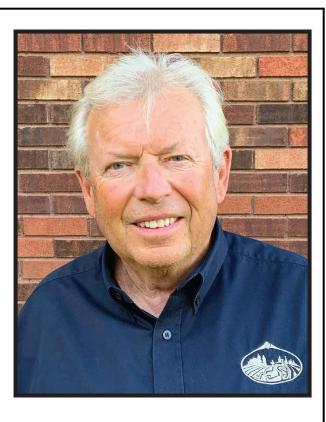




FOR HALL BOOKINGS Please call Marg Gervais @ 613-587-4838



VOTE



Councillor, Township of Whitewater Region

Whitewater Region Public Library

celebrates Ontario Public Library Week by presenting



Beachburg's **DAWN DUBÉ**

sharing her debut book FROM COAL OIL **LANTERNS TO FACETIME**

Joined by Robbie Dean **Counselling Centre**

Friday, October 21, 2022 1:00 - 2:00 pm **Beachburg Branch** 20 Cameron St., Beachburg

Freewill donations will go toward mental health books/resources for the Library

Limited seating available

Contact Laurie 613-582-7090 or bblib@nrtco.net to

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ATTENTION ALL RESIDENTS OF THE WESTMEATH/LAPASSE AREA

WE WANT TO HEAR FROM YOU!!!

The Whitewater Region Public Library is surveying the residents of the Westmeath/Lapasse area to determine if there is any interest in in having a

A lending library would consist of a member of the Whitewater Region Public Library visiting the community (in a place yet to be determined) on a rotational basis. Patrons would request books from the library by visiting our online catalogue (whitewaterregion.ca/community/library) and the books would be brought to Westmeath for pick up between certain hours.

> The survey can be accessed on our website www.whitewaterregion.ca/community/library

Paper copies can be picked up at and returned to Kenny's Convenience Store in Westmeath.

> Thank you Whitewater Region Public Library