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JIM LABOW – Pharmacist
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Pharmacy Hours
Monday – Friday: 9:30 am – 5:45 pm
Saturday: 9:30 am – 12:00 noon

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wdranewsletter@nrtco.net

A friendly reminder that all content and advertising
submissions for the WDRA Newsletter must be
received by the 15th of the month in order to
guarantee inclusion the following month.
Submissions can be made via email
at wdranewsletter@nrtco.net.
For inquiries, please call Lynn at (613) 587-4438 or
Heather at (613) 587-4394.

WDRA

WESTMEATH & DISTRICT
RECREATION ASSOCIATION

**UPCOMING
EVENTS**



Sept 29th Festival of Small Halls
Gordie MacKeeman & His Rhythm Boys

Oct 1st WDRA Board Meeting
7:00 pm - Rec. Hall

Oct 3rd Soup and Sandwich
LaPasse Hall - \$8.00
11:30 am - 1:00 pm

Oct 5th WDRA Boardwalk Bingo

Oct 8th THANKSGIVING

Oct 10th RSSC Monthly Meeting
11 am - Rec. Hall

Oct 10th RSSC hosted
ALL CANDIDATES
MEETING - 7 - 9:30 pm
Westmeath Rec Hall

Oct 13th Public Skating Begins
6:30 - 9pm

Oct 17th RSSC Soup & Sandwich
12 noon - \$8/person

Oct 22nd Ontario Municipal
Elections

Oct 24th Dementia Friendly
Community Training
1:00 - 4:00 p.m.

Nov 3rd Roast Beef Supper
St. Andrew's Church
Westmeath Rec. Hall

**LIKE US ON
facebook**



OCTOBER 2018 NEWSLETTER

To rent Community Centre Hall :
613-587-4559/613-587-4838 or email wdra@nrtco.net
Ice bookings: arenas@whitewaterregion.ca;
or call Township office M-F, 8:30 am - 4 pm , ask for Debbie

For Newsletter inquiries:
Email: wdranewsletter@nrtco.net or call 613-587-4438
DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH
www.westmeathtoday.ca

**PUBLIC
SKATING**



COBDEN ARENA
Starting September 22nd
Saturdays – 5:30-6:30pm

BEACHBURG ARENA
Starting September 22nd
Saturdays – 6:30-8:30pm

WESTMEATH ARENA
Starting October 13th
Saturdays – Tot: 6:30-7pm • Public: 7-9pm

Adults/Seniors \$3.00 | Children \$2.00 | Children 5 & under FREE
~ SEASON FAMILY PASS ONLY \$55 ~

613.646.2282
whitewaterregion.ca




Designed by GALLANTMEDIA

**Happy
Thanksgiving**



RIVERVIEW SENIORS SOCIAL CLUB

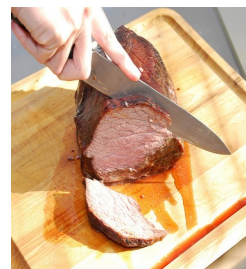


ALL CANDIDATES MEETING

Wednesday, October 10th, 2018 at 7 to 9:30 p.m.

Westmeath Recreation Centre Hall,
119 Synton Street, Westmeath Village.

Ask your municipal election candidates about the issues that are important to you. Candidates are running for Mayor, Reeve and Councillor positions. Be well prepared for the October 22nd vote.



ROAST BEEF SUPPER AND BAZAAR

St. Andrew's United Church Westmeath

Saturday, November 3, 2018

at

the Westmeath Community Centre Hall

Bazaar: 3:00 p.m.

Supper: 4:00 - 7:00 p.m.

Adults: \$15.

Children (5-10 yrs) \$6.

4 years and under: Free

Take out available

EVERYONE WELCOME!

October 2018 Update of Riverview Seniors Social Club

Submitted by Heather Campbell

The Riverview Seniors Social Club is a non-profit and volunteer driven organization working to enhance the quality of life, community participation and independence of seniors.

Coming Events:

Mark Your Calendar:

For all those 50 years or over who enjoy singing, THE WHITEWATER SINGERS under the direction of Blaine Sack have resumed their Tuesday evening (7 -8:30) sessions. There is no class on the last Tuesday of each month. New members are most welcome. There is no fee. Contact info: 613-587-4251; Cell 343 369-8700. This program is funded by Ontario Seniors Community Grant Program, Ontario Ministry of Seniors Affairs.

Riverview Senior Social Club **monthly business meetings** are the 2nd Wednesday of every month, starting at 11a.m. All members are encouraged to attend.

The Paramedic Wellness Clinic (b.p.,heart rate, temp and pulse checked) and the Foot Care Service are available at 12:30 every 2nd Wednesday of the month. The Wellness check is free. Foot care cost is \$20. Call Laurene Blackwell ay 613-587- 4491 for more info.



Monthly Community Soup and Sandwich Luncheons are the **3rd Wednesday** of every month, beginning at 12 noon. Cost is \$8

As of September 12th, "Gentle Yoga" classes, under the instruction of Megan Adams, have resumed from 9 to 10:30 every Wednesday morning at the Westmeath Recreation Centre. The cost is \$50 for 7 sessions. Drop-in participants pay \$12 for a session. Call Barb Bertrand at 613-587- 4115 for more info.or registration.

RSSC is hosting the ***All Candidates Meeting, Wednesday, October 10,***
7 to 9:30p.m. at the Westmeath Recreation Hall



Dementia Friendly Community Training is offered Wednesday, October 24, 1 - 4:00 p.m. under the leadership of Caroline Brazeau Open to anyone in the Whitewater Region who wants to know about Alzheimer's and dementia and how to best support sufferers and their families. We want to build a community of friends around dementia.

Dementia Friendly Communities reduces the stigma and provide an environment where people with dementia and caregivers are included, supported and can live well.

If you wish to become a member of the RSSclub, please contact our Membership Chair, Connie Gray, at 613- 582- 3390. Cost \$10.

At the moment, we are hoping that one of our members will volunteer to fill the job of Trip Co-ordinator for this year..

Copies of "My Wishes Workbook" are still available for purchase at \$15.00. Order by email to: mywishesworkbook@gmail.com. Or phone 587-4502. They make great presents.

Please like us and share our Facebook Page!" It's **Riverview Seniors' Social Club**. Go there to learn more about activities offered as well as viewing photos from past RSSC events..

Please note: This Riverview monthly column also now appears on the Club's website. <http://hwtproject.ca/riverviewclubevents/> as well as in the Lions' Newsletter.

**FOR HALL
BOOKINGS**



Please call Marg Gervais -
613-587-4838

The WDRA would like to thank all involved in making the **ALL CANDIDATES MEETING** at HERITAGE HALL in Beachburg such a success....to all the candidates, our School Board Trustee, Cindy Jamieson and Daniel James , our MCs, Sherri Mackay and the the Fairboard Committee for the use of the hall, Neil Hawthorne for the use of the advertising board and of course all who attended and to those who helped with clean-up.. **Much appreciated..**

Important Information regarding the 2018 Municipal Election

Voter Qualifications:

You can vote, if on Voting Day, you are:
a. Owner or tenant of land (or spouse of) in Whitewater Region
b. a Canadian citizen
c. at least 18 years old, and
d. not prohibited from voting.

The following can't vote: a corporation, an executor, and someone serving a sentence or convicted of a corrupt practice.

Voting:

Telephone & Internet Voting will take place from **Friday, October 12, 2018 at 10:00 a.m. until Monday, October 22, 2018 at 8:00 p.m.**

Electors on the Voters' List will receive a Voter Information Letter in the mail at the beginning of October.

Paper Ballot Option:

ONLY AVAILABLE FOR ADVANCED VOTING
Between the Hours of 10:00 a.m.-8:00 p.m.

Voters will have the option to vote using a traditional paper ballot at any of the following locations:

Saturday, October 13, 2018

Beachburg Public School
20 Cameron Street in Beachburg

Wednesday, October 17, 2018

Administration Office Community Hall
44 Main Street in Cobden

Thursday, October 18, 2018

Westmeath Community Hall
119 Synton Street in Westmeath

Saturday, October 20, 2018

Whitewater Wesleyan Community Church
42 Cedar Haven Road in Cobden

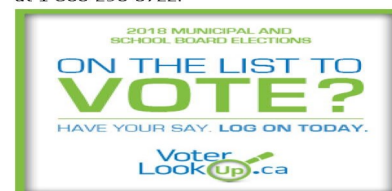
No Proxy Voting:

The Township has chosen to use an alternative voting method and proxy voting will not be utilized.



Voters' List:

Are you on the list? Have you recently moved? Visit VoterLookUp.ca or call MPAC at 1-866-296-6722.



Council Composition:

The Council of the Township of Whitewater Region is comprised of seven members, all elected at large representing the entire municipality:

- Mayor
- Reeve (also serves on Renfrew County Council)
- Councillor (five in total).

School Board Trustees:

All four school board trustees were acclaimed.

Help Centre:

44 Main Street (Cobden)

If you require assistance please contact:

Phone: 613-646-2282

Email: election@whitewaterregion.ca

Website: www.WWRvotes.ca

Hours of Operation:

Monday to Friday 8:30 a.m. – 4:00 p.m. and until 8 p.m. on Monday, October 22, 2018.

An internet connection and telephone will be provided at the Help Centre. A Paper Ballot will **NOT** be available.

Sign and Sip Fundraiser for the WDRA

Sunday October 28

2-5:30pm.

Make Pinterest worthy signs with help from an experienced instructor.

Signs are made with stencils so don't worry - no artistic talent needed!

You can choose from over 200 stencils.

Cost is \$55.00 and \$15.00 per sign will go towards WDRA programs and activities.

To check out the stencil collection check out this website.
outofthewoodsforestersfallswith-heather.com

Payments can be made in person to Shari Kosowan (613)585-3685, or by etransfer to Heather outofthewood-sheather@gmail.com

Send her message before sending etransfer