

The Whitewater Region DJ With Music For All Occasions! **Contact Ernest Thomas at**

www.abbeylanedj.com 613-587-4615

Family Farm

Custom Orders and Freezer Packages of Pork—Lamb—Beef—Chicken—Turkey—Duck As well as Piglets and Lambs

Neil and Dana Nicholson—613.587.4725 nicholsonfamilyfarm@hotmail.ca



Plan, Build, Maintain...

From decks to fences and everything in-between,

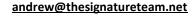
we are your experts in home renovation!

Phone: (613) 401-6592

Email: steve@whitewatercontracting.ca

Andrew Brotton Broker

613-633-8661







WHITEWATER FOAM INSULATION SOLUTIONS INC.

- * Spray Foam Insulation
- Crawl spaces / basement blankets Serving the Upper Ottawa Valley

ph: (613) 587-4275 cell: (613) 635-1899



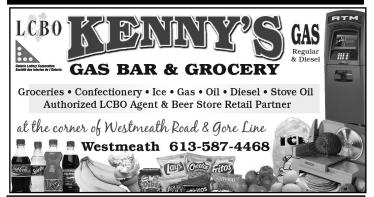


Dana Nicholson

National Director Independent Consultant, Epicure Office: 18667969798 Email: danasgoodfood@hotmail.com



JOIN THE MOVEMENT



BEACH-WEST PHARMACY

1858 Beachburg Road, Beachburg, Ontario K0J 1C0

JIM LABOW – Pharmacist Phone: 613-582-3333 Fax: 613-582-3338

> Pharmacy Hours *Monday − Friday:* 9:30 am − 5:45 pm Saturday: 9:30 am - 12:00 noon

PRESCRIPTIONS • DIABETIC SUPPLIES HEALTH & BEAUTY AIDS Photocopy and Fax Service

Your Life, Your Love, Your Wedding

Wedding Officiants (Ontario Licensed)



Cathy Williamson

613-587-4715 www.cathywilliamson.ca

Danielle Thomas

613-587-4615 granielle@mail.com (Ceremonies en français aussi)

M&L ENTERPRISES



Grain Storage Trucking Certified Scale

KOJ 1CO 224 Sturgeon Mt. Rd. RR#1 Beachburg, ON



UPCOMING EVENTS

RECREATION ASSOCIATION

WDRA Meeting Oct 2nd

7:15 pm

Oct 4th Soup and Sandwich **LaPasse Parrish Hall**

11:30-1:00 pm

THANKSGIVING Oct 9th

Oct 11th **RSSC** monthly **Business meeting**

11:00 am

RSSC Oct 18th

Soup and Sandwich

Oct 20th **WDRA Boardwalk Bingo - Pembroke**

Oct 21st Oktoberfest

Community Hall Oct 27th Tween Dance

Upstairs Hall 7-10 pm

Oct 29th Fall Breakfast

Oct 31st HALLOWEEN

Nov 1st Soup and Sandwich LaPasse Parrish Hall

11:30-1:00 pm

Nov 4th St. Andrew's

Westmeath

Roast Beef Supper &

Bazaar

Community Hall

Fall Breakfast Nov 5th

ICE WILL SOON BE IN,

GET THOSE SKATES SHARPENED!



OCTOBER 2017 NEWSLETTER

To rent Community Centre Hall: 613-587-4559/613-587-4838 or email wdra@nrtco.net Ice bookings: <u>arenas@whitewaterregion.ca;</u> call Township office M-F, 8:30 am - 4 pm , ask for Debbie

For Newsletter inquiries: Email: wdranewsletter@nrtco.net or call 613-587-4438
ADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH www.westmeathtoday.ca



WDRA FUNDRAISER FOR THE HALL

SATURDAY, OCTOBER 21st

4:00 pm - 1:00 am

Westmeath Community Hall

Schnitzel Dinner with all the trimmings at 6:00

followed by Entertainment

\$25.00 per person available from WDRA board members

For more information contact:

Marie McMullen @ 613.587.4436

We hope to see you there!



NOTE CHANGE FOR ICE RENTAL BOOKINGS

Please contact: Debbie Ready

Email: arenas@whitewaterregion.ca

or call the Township office Monday to Friday between 8:30 am-4:00 pm

at 613-646-2282 and ask for Debbie

ROAST BEEF SUPPER AND BAZAAR



ST. ANDREW'S UNITED CHURCH WESTMEATH
Saturday, November 4, 2017
At the

Westmeath Community Centre Hall
Bazaar - 3:00 pm
Supper - 4:00 pm to 7:00 pm

Children (5-10 yrs) - \$7.00

Adults - \$15.00

Children (4 yrs and under) - Free

Enjoy a delicious roast beef dinner

with all the trimmings

Take Out Available

Everyone Welcome!

TWEEN DANCE

FRIDAY, October 27th

7 PM-10 PM

Ages 8-15 years

\$5.00/person

Music by: Abbey Lane DJ Entertainment Canada



UPCOMING WDRA BOARDWALK BINGO DATES

Friday, October 20th
Friday, November 3rd
Friday, December 8th

Interested in volunteering, please contact Brenda at wdra@nrtco.net.

FOR EVERY HOUSEHOLD IN THE TOWNSHIP

Whitewater Region will be conducting a survey very shortly to gather input from each household within the township. The information gathered will cover all aspects of recreation including: sports, recreation, culture, art, crafts, fitness, hobbies, museum, heritage, and social activities.

It is vitally important that each household complete one survey to ensure that as much feedback as possible is provided back to the Township. This feedback will be tabulated and used to generate our Recreation Master Plan as well as allocate funds and other resources. Please take the time to respond so we can ensure a plan that supports all the Township and does not just reflect the opinion of only a few.

The survey will be distributed electronically via a platform such as Survey Monkey, however there will be limited hardcopies available for those who cannot access the internet. Watch for more information at the Whitewater Region webpage, the WDRA FB page or call Neil for more information (613.587.4725)

HALLOWEEN IS TUESDAY, OCTOBER 31st

Youngsters in our small community will put on their Halloween costumes and once again take part in the time-honoured tradition of trick-or-treating, and we want

to ensure that each of them returns home safely. Motorists are reminded to be extra cautious when behind the wheel on Halloween – and to keep their eyes peeled for little goblins and ghouls!



October 2017 Update of Riverview Seniors Social Club

Submitted by Heather Campbell

The Riverview Seniors Social Club is a non-profit and volunteer driven organization working to enhance the quality of life, community participation and independence of seniors.

The club held their monthly business meeting under the direction of the new executive on Sept. 13th and it was well-attended. There was keen interest in planning future trips. Some ideas were presented and more ideas are welcome for the next meeting. If you are a member, come out and make your voice heard.

The hall was packed on Friday Sept 15th evening for the musical romantic-comedy "Stick Out Your Tongue and Say Moo", presented by Stone Fence Theatre. Lots of laughs, good music, witty lyrics and great acting, plus a chance to visit with friends. Watch this column for future entertainment offered by RSSC. There will soon be details concerning the Christmas Dinner and Dance which is to be Dec. 9th.

Coming Events:

The club's monthly business meeting will be October 11th at 11a.m.at the Westmeath Rec Centre. ALL club members are welcome.

Remember, if you are a member and cannot come to a meeting (at which the food list is circulated) but would like to contribute a food item for the monthly luncheon, please phone convener Laurine at 613-587-4491.

Plan to attend the monthly Noon <u>Soup and Sandwich Luncheon</u>, <u>Wednesday</u>, <u>Oct. 18th</u> at the Westmeath Rec Centre. Good food and good social time! Luncheon cost is \$8. Non perishable items are welcomed for the Food Bank.

- Paramedic Wellness Clinic is held on the 2nd Wednesday of the month; 12:30 p.m. to 2:30 p.m. at the Westmeath Rec Centre Hall. FREE to everyone in the community.

 What Will They Be Doing? √ Checking vital signs such as; blood pressure, pulse, respiration, oxygen saturation, temperature, blood glucose levels, body weight. √ Answering any questions or concerns about health and wellness and working with other community health members.
- Foot Care Clinic is also held on the 2nd Wednesday of the month at 12:30 to 2:30 p.m. at the Westmeath Rec Centre Hall. This clinic is user-pay.

These two community resources (**The Paramedic Wellness Clinic** and the **Foot Care Clinic**) need to be used by community residents *or they will be discontinued*. Please come out each month; bring a friend.

Copies of "My Wishes Workbook" are still available for \$15.00. Oder by email to: mywishesworkbook@gmail.com. Or phone 587-4502. They make great presents.



Please like us and share our Facebook Page!"

It's **Riverview Seniors Social Club**. Learn more about us as well as viewing photos from past RSSC events.

FALL BREAKFASTS

The WDRA will be hosting two Fall Breakfast to coincide with 'Hockey Days' taking place at the Westmeath Arena.

Dates will be:

Sunday, October 29th & Sunday, November 5th

7:30 am - NOON

Adults - \$8, Children 5-10 years - \$5 4 yrs. & under - Free

Come out and enjoy a hearty breakfast and some great company!



WDRA SANTA CLAUS PARADE

Time to start getting your floats ready.

Sunday, Dec. 3rd.

For more info., contact Joanne @ 613-587-4406



Please call Marg Gervais

FOR HALL

BOOKINGS

Marg Gervais @ 613-587-4838

