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wdranewsletter@nrtco.net or (613) 587-4394

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ARENA ADVERTISING

Attention Business Owners! The WDRA rents advertising wall space inside the arena. The signs are mounted on the wall surrounding the ice surface area. These billboards offer an excellent opportunity to promote your business as well as express your support for local events in the community. As a business owner, you can be sure that your advertisement will be seen by hundreds of spectators each year. Contact the WDRA at wdra@nrtco.net for more information and make plans to have

WDRA


WESTMEATH & DISTRICT
RECREATION ASSOCIATION

UPCOMING EVENTS

Oct 5th WDRA Meeting - 7:30 pm
Oct 7th, 14th, 21st & 28th YOGA - 9-10:15 am
Westmeath Hall
Oct 7th Lapasse CWL Soup & Sandwich 11:30-1pm
Oct 14th RVSC Monthly Meeting 11:00 am
Oct 9th WDRA Boardwalk Bingo Pembroke
Oct 16th Tween Dance - 7:00 pm
Oct 21st RVSC Soup & Sandwich 12 noon
Oct 21st WBCHC Video Launch & Community Forum - Westmeath Hall 1:00 pm
Oct 24th Oktoberfest - 5:00 pm Westmeath Rec. Hall
Oct 25th Kids Halloween Party 2-4 pm Westmeath Hall
Oct 31st HALLOWEEN
Nov 4th OLG School Council Annual Spaghetti Dinner
Nov 7th St. Andrew's United Church Roast Beef Dinner & Bazaar

FOR HALL BOOKING
Please call Marg Gervais
(613) 587-4839

FOR ICE RENTAL BOOKINGS
Please call Brenda Grady
(613) 587-4559



OCTOBER 2015 NEWSLETTER

To rent Community Centre Hall or Ice Rink Facilities:
613-587-4559 or email wdra@nrtco.net
www.westmeathtoday.ca


For Newsletter inquiries:
Email: wdranewsletter@nrtco.net or call 613-587-4394

Oktoberfest

Dinner & Dance
WDRA Fundraiser
Saturday, October 24th
5:00 pm to 1:00 am
Oktoberfest Dinner served at 6:00 pm
Music by Abbey Lane DJ Entertainment
\$20.00 per person in advance.
For tickets, please call (613) 587-4834
Jointly Sponsored by the WDRA and the
Riverview Seniors Club

TWEEN DANCE
Friday Oct. 16th
7pm-10pm
Ages 8-15yrs
\$5/person

Music by Abbey Lane DJ Entertainment Canada



KID'S HALLOWEEN PARTY
Sunday, Oct. 25th - 2pm-4pm
Ages 0-12yrs
Cost: \$2.00/person or \$10.00/family
Prizes for best costumes, treats, games, crafts and Haunted House
If interested in helping out, please call Sherry at 613-582-3409





Our Lady of Grace Catholic School
School Council's Annual

Spaghetti Dinner

Wednesday, November 4th, 2015

Westmeath & District Recreation
Association Hall
Westmeath, Ontario

Vegetarian Sauce
Gluten Free Pasta Available!!

4:30 P.M.— 6:00 P.M.

\$7.00 Large Plate
\$5.00 Small Plate

(Three and under eat free)



Information:

- The last day to order from our Little Caesars Campaign is October 13th, 2015.
- OLG will be running our poinsettia fundraiser until November 9th, 2015.

WDRA HOCKEY CLINIC

One hour of structured skating per week
Every Monday starting Oct. 19 at 7pm in full Hockey gear
at the Westmeath Arena

Aimed at House League hockey players
Cost is \$60 for 8 sessions

The sessions will include:

- puck handling
- shooting to score
- stride development
- Crossovers/transition
- backwards skating
- passing the puck

Clinic Dates: Oct. 19 & 26, Nov. 2, 9, 16, 23 & 30 and Dec. 7.



Please contact Neil Nicholson for more
information or to register. 613.587.4725

WDRA Newsletter

For anyone
who may be
interested in
publishing the
monthly
newsletter,
please contact
wdranewsletter@nrtco.net.

ATTENTION!

Keep an eye out for an upcoming
Benefit Dance for Kourtney
Taggart, who was recently
diagnosed with MS.

For further information and if you
would like to help out by donating
food or prizes, please contact
Sherry White at (613) 582-3409.

HALLOWEEN IS SATURDAY, OCTOBER 31st

Youngsters in our small community
will once again put on their
Halloween costumes and take part in
the time-honoured tradition of trick-
or-treating, and we want to ensure
that each of them returns home
safely. Motorists are reminded to be
extra cautious when behind the
wheel on Halloween

— and to keep
their eyes peeled
for little goblins
and ghouls!



Learn to Skate



CSA helmet required.
Hockey equipment is
welcome but not required.

WDRA YOUTH SKATING LESSONS

Youth Skating Lessons. Looking for up to 20 youth
(ages 5+) interested in learning how to skate or to
improve their skating.

There will be eight Monday night
lessons – 6-7 pm at the
Westmeath Arena.

Oct. 19 & 26, Nov. 2, 9, 16, 23 & 30
and Dec. 7.



Please contact Neil Nicholson for more
information or to register. 613.587.4725.

UPDATE FROM RIVERVIEW SENIOR'S SOCIAL CLUB ~FOR OCTOBER 2015~

The October **Soup and Sandwich** lunch will be held
on Wed. October 21st, upstairs in the Community
Hall. You will be treated to several varieties of
homemade soup, cold meats, and delicious
homemade desserts prepared by our seniors,
all for \$8.00.

Items for the local Food Bank would be
appreciated.

PLEASE NOTE: CHANGE OF TIME for our
Monthly Meetings.

The regular Monthly meeting will be held at **11:00
am** on Wed. October 14th, Tea and Coffee will be
supplied. Please bring your own lunch.

The Wellness Clinic and Foot Care clinics will take
place at 1:00 pm on October 14th. Have your
blood pressure and sugar checked by a member
of the Paramedic team.

Painting Classes

Art classes are being offered on Wednesday
afternoons from 1:30 to 4:30 in the Community
Hall. "Painting with Acrylics" with Dudery Kenny,
and are \$10.00 per session. For more information
please call her at 613-582-3286. There is a limit of
12 students per class.

YOGA!

Yoga classes are held every Wed. morning from
9:00 to 10:15 am at the Westmeath Hall.
Call Danielle for more info at 613-587-4615.
Drop-ins welcome @ \$12.00 per session.

Reserve Dec. 12th for our Annual Christmas Dinner
Dance.

Membership remains at \$10.00 and is now
available for 2016. Avoid the rush, get yours now.

The **HWT Project** is proudly sponsored by the
Riverview Social Club and continues to expand
with the addition of more early newspaper
clippings on old **WESTMEATH TOWNSHIP**, and its
residents. Thank you Gayle Stewart .
<http://hwtproject.ca/>.

Like us on Facebook, check us out at Riverview
Senior Social Club.

Thank you for your continued support.



Shift the conversation

Video Launch and Community Forum

Immediately following the October Soup n'
Sandwich, please join us for the release of our new
video series followed by a community forum to
recognize Community Health & Well Being Week!

Location: Community Hall, 119 Synton St., Westmeath

Date: Wednesday October 21st, 2015

Time: 1:00 - 2:30 pm

Call Lara @ 613-582-3685 for more information.



A Community Program
Whitewater Bromley Community Health Centre
A Part of Lanark Renfrew Health & Community Services



Every One Matters.

WDRA Tots Weekday Skate

One hour of FREE skating for seniors, tots, moms and dads.
Every Wednesday starting Oct. 21 at a time to be confirmed
at the Westmeath



CSA helmets must be
worn by anyone under 17
years of age



Please contact Neil Nicholson for more
information. 613.587.4725.

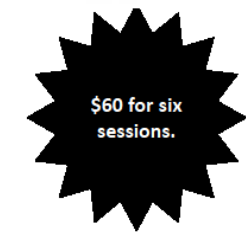
WDRA ADULT SKATING LESSONS



Looking a minimum of 11 adults/senior youth
interested in either learning how to skate or brushing
up on their skating skills.

There will be six 1 hour lessons – evening TBC.

Please contact Neil Nicholson for
more information or to
register. 613.587.4725.



*CSA helmet required.