

WINMAR®

WINMAR® Pembroke o/b Kevin Boire Construction Ltd.
An Independently Owned and Operated Franchise

General Contractors
Property Restoration Specialists

205 Paul Martin Drive
Pembroke, ON K8A 6W7
P: 613-732-9874 | F: 613-732-4922
Toll Free: 1-855-4-WINMAR
kevinboire@winmar.ca
www.winmar.ca

Kevin Boire
President
WRT, ASD, AMRT, OCT

FIRE • WIND • WATER
• MOULD • ASBESTOS

Andrew Brotton

Broker

613-633-8661

andrew@thesignatureteam.net





WHITE WATER
CONTRACTING COMPANY

Plan, Build, Maintain...

From decks to fences and everything in-between,
we are your experts in home renovation!

Phone: 1-800-251-1821


Email: steve@whitewatercontracting.ca

Arnold deRuiter
Owner

613-587-4677
Cell# 613-717-4607

deRuiter Aggregates

Sand > Gravel > Backhoe
Lot Clearing
Westmeath, Ontario



ADVERTISE YOUR BUSINESS WITH US -

ONLY \$25.00/MONTH -GET ONE MONTH FREE

WHEN YOU COMMIT TO A FULL YEAR.

FOR MORE INFORMATION OR TO

ADVERTISE, PLEASE CONTACT HEATHER AT

wdranewsletter@nrtco.net

GOOD FOOD.REAL FAST.™

JOIN THE MOVEMENT
EPICURE.COM

Dana Nicholson
National Director
Independent Consultant, Epicure
Office: 18667969798
Email: danagoodfood@hotmail.com



BEACH-WEST PHARMACY
1858 Beachburg Road, Beachburg, Ontario K0J 1C0

MATTHEW CONWAY – Pharmacist
Phone: 613-582-3333 Fax: 613-582-3338

Pharmacy Hours
Monday – Friday: 9:30 am – 5:30 pm
Saturday: 9:30 am – 12:00 noon

PRESCRIPTIONS • DIABETIC SUPPLIES
HEALTH & BEAUTY AIDS
Photocopy and Fax Service

Ottawa River RV Sites
Fully Serviced, 30 amp Service, Sewer, Water

Spotswoods Landing
1737 Rapid Road, Westmeath, ON




www.spotswoodslanding.com
email: info@spotswoodslanding.com
1-800-941-0006 • 1-613-587-4829

KENNY'S GAS
Regular & Diesel

GAS BAR & GROCERY

Groceries • Confectionery • Ice • Gas • Oil • Diesel • Stove Oil
Authorized LCBO Agent & Beer Store Retail Partner

at the corner of Westmeath Road & Gore Line
Westmeath 613-587-4468



WHITEWATER FOAM
INSULATION SOLUTIONS INC.

- * Spray Foam Insulation
- * Cellulose
- * Crawl spaces / basement blankets

Serving the Upper
Ottawa Valley

ph: (613) 587-4275
cell: (613) 635-1899
whitewaterfoam@gmail.com
www.whitewaterfoaminsulationsolutions.com



WDRA

WESTMEATH & DISTRICT
RECREATION ASSOCIATION

 **UPCOMING**
EVENTS

Nov. 2nd LaPasse Soup Luncheon 11:30

Nov. 4th Darts—7pm (every Friday)

Nov. 11th Remembrance Day

Nov. 11th RSSC Soup & Dessert
& Craft & Bake Sale

Nov. 26th Valley Country Christmas

Dec. 4th Santa Claus Parade

Dec. 11th Christmas Tree Lighting

 **Delta**
BINGO • GAMING

WDRA
WESTMEATH & DISTRICT
RECREATION ASSOCIATION

Join us for the 2022

SANTA CLAUS
PARADE

December 4th, 2022 starting at 5:00 pm

Santa will join us at the hall
afterwards where there will be
hot chocolate, cookies and hot
dogs served!

Please bring a non-
perishable item for the
food bank.

**WE ARE LOOKING FOR COMMUNITY GROUPS,
SCHOOLS, CLUBS AND BUSINESSES TO JOIN IN THE
FUN. IF YOU'D LIKE TO ENTER A FLOAT PLEASE
CONTACT JOANNE AT 613 818 8688 OR
SAVAGE.JOANNE@HOTMAIL.COM**



NOVEMBER 2022 NEWSLETTER

To rent Community Centre Hall :
613-587-4559/613-587-4838 or email wdra@nrtco.net
Ice bookings: arenas@whitewaterregion.ca;
or call Township office M-F, 8:30 am - 4 pm , ask for Debbie

For Newsletter inquiries:
Email: wdranewsletter@nrtco.net or call
DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH
www.westmeathtoday.ca

VALLEY COUNTRY
CHRISTMAS

**On November 26th Gillan Rutz will be performing “It’s a
Valley Country Christmas” at the Westmeath Rec.
Centre Hall.**

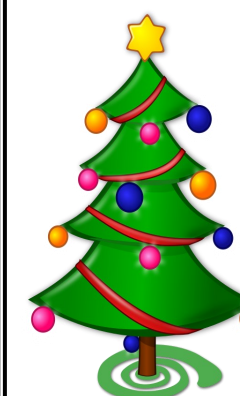
**A light snack of Festive Finger Foods and Christmas
Sweets will be provided while we enjoy Gillan’s music to
get us in Christmas Spirit.**

Cost will be \$15.00 per person.



5th ANNUAL WDRA CHRISTMAS TREE LIGHTING

December 11th at 6:30 pm at the
Westmeath Ball Diamond.



Tree Lighting to take place
followed up by
refreshments and
entertainment at the hall.

Children are encouraged
to bring their own
ornaments to hang on the
tree.

SAVE THE DATE

Riverview Seniors Social Club
Please join us for noon lunch and shopping
Wednesday, November 16th, 2022

Twofer

Soup & Dessert
\$8. at the door

Craft and Bake Sale!

.....Me thinks I'm at the wrong event!

All Crafters Welcome To Set-up a Table.

Westmeath Rec Centre Hall,
119 Synton Street, Westmeath Village.

RIVERVIEW SENIORS SOCIAL CLUB

2023 MEMBERSHIP
Renewals & New Memberships
On Sale Now at \$10.00.
Call Connie at 613 582-3390

HELLO! New Members!

Remain Young at Heart
High Value Socializing
Priceless Friendships
A Warm Welcome to New Members

UNITED SENIOR CITIZENS OF ONTARIO INC. U.S.C.O.

WE'RE MOVING WE'RE MOVING WE'RE MOVING WE'RE MOVING WE'RE MOVING

The Westmeath Pickleball Club is moving to the Beachburg Public School!

The Westmeath Pickleball Club is moving, and all the important details are below:

WHEN: **Starting Tuesday, November 1st**, we will be playing Tuesday and Thursday evenings from 6:30 to 8:15 from November 1st - December 22nd.

WHERE: The Beachburg Public School gymnasium. To enter, please use the door next to the library.

WHO: Anyone 18+. We are welcoming back the previous players and encouraging new people to come try it out.

COST: \$2 per evening (cash only).

WHAT TO BRING: A Pickleball paddle (if you don't have one, spares are available), proper footwear, a water bottle, and \$2.

WHY: Pickleball is fun to play and it is great exercise. The Westmeath Pickleball Club is purely recreational and is not competitive. Why not come try out one of the fastest growing sports in the world!

CONTACTS: Lois Robinson (brobin@nrtco.net, 613-587-4582) or Katie Robinson (katie robin00@gmail.com, 613-883-4582). If you have any questions, please feel free to reach out to us.



National Day for Truth and Reconciliation


The WDRA would like to send a thank you out to all those who were involved with the Truth and Reconciliation event that was held in Westmeath where we hosted the children and staff from Our Lady of Grace Catholic School. Special thanks to Jerry Gervais and Dane Prosper who organized the event, Andy Dufrane from the Métis Nation of Ontario who provided guests with information and historical background and provided T-shirts, and to Dave Walker who played music and kept the kids entertained. Students were also provided with a hands-on demonstration of how to make traditional Bannock. The children also prepared and placed orange clothespins on the ball diamond fence in remembrance. Additional thanks to Brenda Grady and Heather Fleury for preparing and serving up delicious Bannock and maple syrup to all those who attended. It was a great treat!

LIKE US ON
facebook

FOR HALL BOOKINGS
Please call Marg Gervais
@ 613-587-4838



Dart night will begin again on Friday November 4th at 7:00 pm, Westmeath Rec. Centre Hall. \$5.00 per person. The bar is open. Bring your own darts. Great fun and lots of laughs.



WHITEWATER SENIORS
Home Support & Active Living

WHITEWATER SENIORS NOVEMBER 2022

Seniors from all Whitewater Township communities are welcome to attend any event listed. Require transportation? If so, be sure to ask when you register. There are no costs unless stated.

When: Friday November 4th, 2022—1:00-2:30pm
Where: Westmeath Recreation Centre, 119 Synton Ave
Presenter/Topic: Lawrie Barton—"Teaching in Nunavut"
Snacks and refreshments will be provided!

When: Friday November 17th, 2022—1:00-2:30pm
Where: Whitewater Seniors Office, 1765 Beachburg Rd
Presenter/Topic: Euchre
Snacks and refreshments will be provided!

When: Monday November 21st, 2022—10:30-12:00pm
Where: Whitewater Seniors Office, 1765 Beachburg Rd
Presenter/Topic: Parkinson's 101 Presentation by Krista Duncan
Snacks and refreshments will be provided!

When: Friday November 25th, 2022—11:30-1:00pm
Where: Beachburg United Church, 1744 Beachburg Rd
Presenter/Topic: Soup & Sandwich
Vendors will be attending to provide information!

iPad Workshop Reminder Dates:
For those who have registered, all workshops will be held at the Beachburg Office (1765 Beachburg Rd, or via zoom if preferred)

- Wednesday November 9th, 1:00-2:30pm**
Topic: How to use FaceTime, zoom, skype
- Wednesday November 16th, 1:00-2:30pm**
Topic: How to download music, play music and listen to music
- Wednesday November 23rd, 1:00-2:30pm**
Topic: How to download apps, games, etc.

Carefor

REGISTRATION REQUIRED (unless otherwise stated).
Call Whitewater Seniors at 1-833-582-7004 or email seniors@whitewaterregion.ca
Facebook: <https://www.facebook.com/WWRSeniors>

Seniors Centre Without Walls:
If you or someone you know would enjoy our FREE over-the-phone program service, please contact Holly at 1-833-582-7004 or at seniors@whitewaterregion.ca
It is a great opportunity to join great conversations surrounding topics including healthcare, history, trivia, educational segments, and much more!

Cobden and Beachburg Curbside Dinner:
- **When:** Wednesday, November 30th, 5:00-6:00pm
- Meals will need to be reserved by Friday, November 25th. More information will be posted closer to the date!
- Please feel free to reach out if you have any questions about this incredible fundraising opportunity!

SENIORS HELPING SENIORS

Renfrew and Area Seniors Home Support Inc.

Thank You

The WDRA would like to extend a thank you all those involved in the supply and upkeep of the flower planters in and around Westmeath. Thank you to the Township of Whitewater Region for providing funding for the flowers and to those who helped water the plants. Also thank you to Marg Gervais who looked after the two planters in LaPasse, staff at Kenny's Store for looking after the plants there as well as the parishioners from St. Andrew's United Church.