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Sand > Gravel > Backhoe
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Westmeath, Ontario



ADVERTISE YOUR BUSINESS WITH US -
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Pharmacy Hours
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WDRA

WESTMEATH & DISTRICT
RECREATION ASSOCIATION

UPCOMING
EVENTS



May 3rd Soup & Dessert Luncheon
LaPasse Hall 11:30 - 1:00

May 14th Mother's Day

May 17th RSSC Soup & Dessert Lunch
12 noon, Westmeath Rec.
Centre Hall

June 17th WDRA Golf Tournament

June 18th Father's Day

July 1st CANADA DAY, Chicken BBQ

July 15th Tour de Whitewater

July 15th WDRA Big Breakfast
Westmeath Rec. Centre Hall

WDRA AGM 2023

We recently held our Annual General Meeting for the WDRA and would like to thank all those that came to attend. Many more thanks including Anne Bromley who ran the elections, Joanne Savage who cleans our hall, Margaret Gervais who books all the hall events and calls for food donations and to Peter Ethier who looks after the hall. We would like to welcome new board members Robert Watson as Vice President and Louise Drapeau as co-kitchen manager with Leatrice Norlock. Other board members include Brenda Grady - President, Beth Ethier - Secretary, Heather Fleury - Treasurer, Anne Marie Reist - Member at Large, Marie McMullen - Bar Manager, Laura Pelkey - Member at Large, Bob Grylls - Member at Large, Dane Prosper - Program Coordinator and Connor Reist - Youth Ambassador.

MAY 2023 NEWSLETTER


To rent the Community Centre Hall:
613-587-4559/613-587-4838 or email wdra@nrtco.net
Ice bookings: arenas@whitewaterregion.ca;
or call Courtney at the Township @ 613-646-2282 ext. 150

For Newsletter inquiries:
Email: wdranewsletter@nrtco.net or call 613-587-4394
DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH
www.westmeathtoday.ca

WDRA ANNUAL GOLF TOURNAMENT
SAVE THE DATE
Saturday, June 17, 2023
Oaks of Cobden

The cost is \$100 per player for 18 holes of golf, cart and dinner.

We are looking for teams, hole sponsors and prizes (homemade or purchased).
No prize is too small.
For more information,
please contact Beth Ethier at (613) 587-4294.



It's Back!  **4th Annual**
Tour de Whitewater
July 15, 2023

Westmeath, Ontario
Invites you for a day of cycling
10, 30, 50 & 100 kms
PLUS a 65 km Gravel Ride

Registration
Includes
Coffee - T-Shirt
Lunch - Cash Bar
Entertainment
Free Prize Draws



 For more details and registration:
facebook.com/tourdewhitewater

RIVER VIEW SENIORS SOCIAL CLUB



G' DAY TO YA SNOWBIRDS!
COME FOR LUNCH WITH US!

Wednesday, May 17, 2023

12 Noon, \$8.00 p.p.

Westmeath Recreation Centre Hall,
119 Synton Street, Westmeath Village.

TASTY HOMEMADE SOUPS & DECADENT DESSERTS

OPEN for the Season!

Come See Our
SELECTION

**Hanging Baskets
Flower Planters • Flower
Vegetables and Herb Bedding Plants
Vegetable Seeds and Potting Soil**

CASH OR CHEQUES ONLY • ATM ON SITE
Wheelchair Accessible

Lewis & Miriam Martin, Prop.
1361 Bromley Line, Westmeath
613-587-4571
**Open Monday to Saturday
9am to 6pm**

Attention, Attention



Westmeath PICKLEBALL is back!!!

The Westmeath Pickleball Club is coming back to Westmeath and all of the important details are below:

WHEN: Tuesday and Thursday evenings from 7pm to 8pm (with an option to play to 9pm) **starting Tuesday, May 9th.**

WHERE: The Westmeath Arena ice surface. We will enter the building through the door located on the side of the arena next to the staircase.

WHO: Anyone. We are welcoming back the previous players and encouraging new people to come try it out.

COST: \$2 per evening (cash only).

WHAT TO BRING: A Pickleball paddle (if you have one, if not, spares are available), proper footwear, a water bottle, and \$2.

WHY: Pickleball is fun to play and it is great exercise. The Westmeath Pickleball Club is purely recreational and is not competitive. Why not come try out one of the fastest growing sports in the world!

CONTACT: Katie Robinson (katie robin00@gmail.com, 613-883-4582). If you have any questions, please feel free to reach out to me.



Fun 'n' Fab Club



- * The first Sunday of the month
- * 1:00-3:00 p.m.
- * Westmeath Community Hall
- * DIY Manicures & Workshops
- * Free for all ages

FOR HALL BOOKINGS
Please call Marg Gervais @ 613-587-4838

If you would like to receive the WDRA Newsletter electronically, please email us at wdranewsletter@nrtco.net



WHITEWATER SENIORS MAY 2023

Seniors 55+ from all Whitewater Township communities are welcome to attend any event listed.
Require Transportation? If so, be sure to ask when you register. There are no costs unless stated.

When: Tuesday, May 2 from 10:00am-3:00pm
Where: St. Andrew's United Church, 1744 Beachburg Road
Event: **Crafting** (bring your own supplies)
Tea and coffee will be provided. Bring a lunch if you're staying all day!
All ages welcome!

When: Tuesday, May 30 from 1:00-2:30pm
Where: St. Andrew's United Church
1744 Beachburg Road. Registration Required
Event: **Spring Gardening Tips**
Presenter: Simon Tunley, Stunley Gardens

When: Thursday, May 11 from 10:00 – 11:00am
Where: Cobden Municipal Basement Hall, 44 Main Street or via Zoom
Topic: **Seniors Driving Renewal Requirements for Age 80+**
Presenter: Lisa Lapierre, Ministry of Transportation
(Registration required)

MAY FUNDRAISING CURBSIDE DINNER \$17/meal
Wednesday, May 31 from 4:30-6:00pm.
Pick-up at **ConnectWell Community Health**
20 Robertson Drive, Beachburg
OR
St. Paul's Anglican Church Hall, 27 Crawford Street, Cobden.

Please call 613-582-3685 to reserve your meals by Friday, May 26 at 3:00pm and provide your preferred pick-up location.
Meal – to be determined

When: Tuesday, May 16 from 10:00 – 11:30
Where: Haley United Church, 760 Calvin Road
Topic: **Fire Safety in the Home**
Presenter: Julie Butala, Fire Admin
(Registration required)

When: Wednesday, May 24 from 1:00 – 2:30
Where: Cobden Municipal Basement Hall, 44 Main Street
Event: **Funeral Arrangements & Pre-Planning**
Presenter: Madison McLean, Zohr Funeral Home
(Registration Required)

When: Thursday, May 25 from 1:00-2:30pm
Where: Westmeath Recreation Centre, 119 Synton Avenue or via Zoom
Topic: **Vulnerable Road Users – Sharing the Road, Rules, Safety**
Presenter: Lisa Lapierre, Ministry of Transportation
(Registration required)



The Frozen Meal Program

One of the challenges with daily living as an older adult is food (buying, preparing and cooking).
Who may benefit from the frozen meal program?

- Those who may require help with meals as they recover from illness or injury
 - Those who may not be able to prepare their own meals
 - Those with specific dietary needs – diabetic, low sodium, etc.

Meals - \$8.00 (new price) / Soups - \$7.00 / Desserts - \$4.75

VOLUNTEERS NEEDED!

If you are looking for something to get involved with where you can meet people or lend a hand in your community, please contact Whitewater Seniors and make a difference.

Whitewater Seniors Liaison Coordinator – Margaret Morin
1-833-582-7004 Ext 126
seniors@whitewaterregion.ca
www.facebook.com/WWRSeniors

THANK YOU!

The WDRA would like to extend a big thank you to all those who helped this year with the Outdoor Rink at the Westmeath ball diamond, Anne Bromley and Dane Prosper who organized the rink set-up, Darren Shackleton and the fire department for flooding the ice and anyone else who assisted in the upkeep of the rink.

We would also like to thank Linda Mills and her assistant Jocelyn Cory for teaching the craft wooden sign class in April. The class was well attended and they did a great job teaching and all the signs turned out amazing.



VOLUNTEERS NEEDED

Delta Bingo

2 bingos per month
Short training period.
We don't want to lose this valuable source or revenue which helps our programming and events.

Table set up and chairs

For events at the hall as well a coordinator to contact volunteers as to date and time required
Email wdra@nrtco.net

Kitchen

For events and catered meals. Contact Leatrice at (613) 587-4503.

Golf Tournament

Please contact Beth Ethier at (613) 587-4294 if you are interested in volunteering.

School Volunteer Hours

The WDRA offers great opportunities for students to get their volunteer hours in at any of our upcoming events. Please email wdra@nrtco.net if interested.