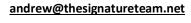


Andrew Brotton

Broker
613-633-8661













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WHEN YOU COMMIT TO A FULL YEAR.
FOR MORE NFORMATION OR TO
ADVERTISE, PLEASE CONTACT HEATHER AT

wdranewsletter@nrtco.net



#### **BEACH-WEST PHARMACY**

1858 Beachburg Road, Beachburg, Ontario K0J 1C0

MATTHEW CONWAY – Pharmacist Phone: 613-582-3333 Fax: 613-582-3338

Pharmacy Hours

Monday – Friday: 9:30 am – 5:30 pm

Saturday: 9:30 am – 12:00 noon

### PRESCRIPTIONS • DIABETIC SUPPLIES HEALTH & BEAUTY AIDS

**Photocopy and Fax Service** 

#### **MORNING SONG FARMS**

Potatoes
Red, White and Yellow
50lb bags & 10lb bags
Maple Syrup
Lorin & Ruth Martin
(613) 587-4756
279 Lacroix Bay Road







# UPCOMING EVENTS

May 3rd Soup & Dessert Luncheon LaPasse Hall 11:30 - 1:00

May 14th Mother's Day

May 17th RSSC Soup & Dessert Lunch

12 noon, Westmeath Rec.

Centre Hall

June 17th WDRA Golf Tournament

June 18th Father's Day

July 1st CANADA DAY, Chicken BBQ

July 15th Tour de Whitewater
July 15th WDRA Big Breakfast

Westmeath Rec. Centre Hall

#### **WDRA AGM 2023**

We recently held our Annual General Meeting for the WDRA and would like to thank all those that came to attend. Many more thanks including Anne Bromley who ran the elections, Joanne Savage who cleans our hall, Margaret Gervais who books all the hall events and calls for food donations and to Peter Ethier who looks after the hall. We would like to welcome new board members Robert Watson as Vice President and Louise Drapeau as co-kitchen manager with Leatrice Norlock. Other board members include Brenda Grady - President, Beth Ethier - Secretary, Heather Fleury - Treasurer, Anne Marie Reist - Member at Large, Marie McMullen - Bar Manager, Laura Pelkey - Member at Large, Bob Grylls - Member at Large, Dane Prosper -**Program Coordinator and Connor** Reist - Youth Ambassador.

### May 2023 Newsletter

To rent the Community Centre Hall: 613-587-4559/613-587-4838 or email <u>wdra@nrtco.net</u> lce bookings: <u>arenas@whitewaterregion.ca;</u> call Courtney at the Township @ 613-646-2282 ext. 150

For Newsletter inquiries: Email: <u>wdranewsletter@nrtco.net</u> or call 613-587-4394 ADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH www.westmeathtoday.ca

### WDRA ANNUAL GOLF TOURNAMENT

#### **SAVE THE DATE**

Saturday, June 17, 2023 Oaks of Cobden

The cost is \$100 per player for 18 holes of golf, cart and dinner.



We are looking for teams, hole sponsors and prizes (homemade or purchased).

No prize is too small.

For more information,

please contact Beth Ethier at (613) 587-4294.





#### G' DAY TO YA SNOWBIRDS! COME FOR LUNCH WITH US!

Wednesday, May 17, 2023 12 Noon, \$8.00 p.p.

Westmeath Recreation Centre Hall, 119 Synton Street, Westmeath Village.

TASTY HOMEMADE SOUPS & DECADENT DESSERTS



### **Attention, Attention**



#### Westmeath PICKLEBALL is back!!!

The Westmeath Pickleball Club is coming back to Westmeath and all of the important details are helow

WHEN: Tuesday and Thursday evenings from 7pm to 8pm (with an option to play to 9pm) starting Tuesday, May 9th.

WHERE: The Westmeath Arena ice surface. We will enter the building through the door located on the side of the arena next to the staircase.

WHO: Anyone. We are welcoming back the previous players and encouraging new people to come try it out.

COST: \$2 per evening (cash only).

WHAT TO BRING: A Pickleball paddle (if you have one, if not, spares are available), proper footwear, a water bottle, and \$2.

WHY: Pickleball is fun to play and it is great exercise. The Westmeath Pickleball Club is purely recreational and is not competitive. Why not come try out one of the fastest growing sports in the world!

CONTACT: Katie Robinson (katierobin00@gmail.com, 613-883-4582). If you have any questions, please feel free to reach out to me





- \* The first Sunday of the month
- \* 1:00-3:00 p.m.
- \* Westmeath Community Hall
- \* DIY Manicures & Workshops
- \* Free for all ages

FOR HALL BOOKINGS Please call Marg Gervais @ 613-587-4838

If you would like to receive the WDRA Newsletter electronically, please email us at wdranewsletter@nrtco.net



## WHITEWATER SENIORS MAY 2023

When: Tuesday, May 30 from 1:00-2:30pm

Where: St. Andrew's United Church

1744 Beachburg Road. Registration Required

**Event: Spring Gardening Tips** 

**Presenter:** Simon Tunley, Stunley Gardens

MAY FUNDRAISING CURBSIDE DINNER \$17/meal

Wednesday, May 31 from 4:30-6:00pm.

Pick-up at ConnectWell Community Health

20 Robertson Drive, Beachburg

St. Paul's Anglican Church Hall, 27 Crawford

Street, Cobden.

Please call 613-582-3685 to reserve your meals by

Friday, May 26 at 3:00pm and provide your

preferred pick-up location.

Meal - to be determined

Seniors 55+ from all Whitewater Township communities are welcome to attend any event listed. Require Transportation? If so, be sure to ask when you register. There are no costs unless stated.

When: Tuesday, May 2 from 10:00am-3:00pm Where: St. Andrew's United Church, 1744 Beachburg Road **Event: Crafting (bring your own supplies)** 

Tea and coffee will be provided. Bring a lunch if you're staying all day! All ages welcome!

When: Thursday, May 11 from 10:00 - 11:00am Where: Cobden Municipal Basement Hall, 44 Main Street or via Zoom Topic: Seniors Driving Renewal Requirements for Age 80+ Presenter: Lisa Lapierre, Ministry of Transportation (Registration required)

> When: Tuesday, May 16 from 10:00 - 11:30 Where: Haley United Church, 760 Calvin Road Topic: Fire Safety in the Home Presenter: Julie Butala, Fire Admin (Registration required)

When: Wednesday, May 24 from 1:00 - 2:30 Where: Cobden Municipal Basement Hall, 44 Main Street **Event:** Funeral Arrangements & Pre-Planning

Presenter: Madison McLean, Zohr Funeral Home (Registration Required)

When: Thursday, May 25 from 1:00-2:30pm Where: Westmeath Recreation Centre, 119 Synton Avenue or via Zoom

Topic: Vulnerable Road Users - Sharing the Road, Rules, Safety Presenter: Lisa Lapierre, Ministry of Transportation (Registration required)

**VOLUNTEERS NEEDED!** 







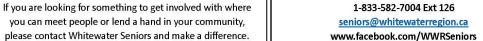


meals. Contact Leatrice at (613) 587-4503.

Please contact Beth Ethier at (613) 587-4294 if you are interested in volunteering.

#### **School Volunteer Hours**

The WDRA offers great opportunities for students to get their volunteer hours in at any of our upcoming events. Please email wdra@nrtco.net if interested.



Whitewater Seniors Liaison Coordinator – Margaret Morin

### **THANK YOU!**

The Frozen Meal Program

One of the challenges with daily living as an older adult is food (buying, preparing and cooking).

Who may benefit from the frozen meal program? • Those who may require help with meals as they recover from illness or injury

Those who may not be able to prepare their own meals

• Those with specific dietary needs – diabetic, low sodium, etc.

Meals - \$8.00 (new price) / Soups - \$7.00 / Desserts - \$4.75

The WDRA would like to extend a big thank you to all those who helped this year with the Outdoor Rink at the Westmeath ball diamond, Anne Bromley and Dane Prosper who organized the rink set-up, Darren Shackleton and the fire department for flooding the ice and anyone else who assisted in the upkeep of the rink.

We would also like to thank Linda Mills and her assistant Jocelyn Cory for teaching the craft wooden sign class in April. The class was well attended and they did a great job teaching and all the signs turned out amazing.







#### **VOLUNTEERS NEEDED Delta Bingo**

2 bingos per month Short training period. We don't want to lose this valuable source or revenue which helps our programming and events.

#### Table set up and chairs

For events at the hall as well a coordinator to contact volunteers as to date and time required Email wdra@nrtco.net

#### Kitchen

For events and catered

#### **Golf Tournament**