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Arnold deRuiter
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Westmeath, Ontario



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Pharmacy Hours
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WDRA

**WESTMEATH & DISTRICT
RECREATION ASSOCIATION**

**UPCOMING
EVENTS**



Mar. 1st Soup & Dessert Luncheon
LaPasse Hall, 11:30-1:00

Mar. 3rd & 4th Westmeath Winter
Carnival

Mar. 8th Riverview Business Meeting
1pm Westmeath Rec. Centre
Hall

Mar. 17th St. Patrick's Day at the
Westmeath Rec. Centre Hall,
Irish Stew & Darts SAVE THE
DATE

Apr. 17th WDRA AGM - 7pm
Westmeath Rec. Centre Hall

Apr. 15th Beachburg Lion's Pancake
Breakfast

June 17th WDRA Golf Tournament

**Westmeath Winter Carnival
Buffet Breakfast**
Hosted by the WDRA
Saturday, March 4th, 2023
7am-10:30am
Westmeath Rec. Centre Hall
119 Synton Street

Scrambled Eggs, Bacon, Pancakes, Sausage,
Toast,
Home Fries, Baked Beans, Muffins,
Maple Syrup
Coffee, Tea & Juice
Adults \$11, Children \$6 (6-12yrs),
No Charge 5yrs & under

Lunch Menu
11am-2:00pm
Hamburgers, Cheeseburgers,
Sausage on a Bun, Hot Dogs,
Pulled Pork on Bun, Chili, Baked Beans,
French Fries, Poutine,
Homemade Desserts

Snacks available in the Hall
11am -9:00pm

MARCH 2023 NEWSLETTER

To rent the Community Centre Hall:
613-587-4559/613-587-4838 or email wdra@nrtco.net
Ice bookings: arenas@whitewaterregion.ca;
or call Courtney at the Township @ 613-646-2282 ext. 150

For Newsletter inquiries:
Email: wdranewsletter@nrtco.net or call 613-587-4394
DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH
www.westmeathtoday.ca

**Westmeath & District Recreation Association
Winter Carnival
March 3rd and 4th, 2023**

Time	Event	Costs	Location
Friday, March 3rd			
7:00-10:00pm	Darts & Games	\$5.00 (or \$2.00 w/Button)	Hall
4:30-9:00pm	Snacks Available		
6:00-10:00pm	Bar Open		
Saturday, March 4th			
7:00-10:30am	WDRA Kitchen Buffet Breakfast	As posted	Hall
11am-2:00pm	BBQ Lunch	As posted	Outside
11am-7:00pm	Snacks & Sweets Available	As posted	Hall
10am-3:00pm	Children Crafts		Hall
10am	Kids Games – Outside		Outside
11am-7pm	Youth and Family Bon Fire (depending on weather)		Ball Diamond
1:00pm	Scavenger Hunt (Teams of 4)		Hall
2:00pm	Bingo	As posted	Hall
2:00pm	Kids Games		Ball Diamond
3:00pm	Lumberjack Games		Outside
5:00pm	Teen Games - Bonfire, Sparklers, Marshmallows		Ball Diamond
6:30-7:00pm	Public Skating (For Tots)		Arena
7:00-8:30pm	Public Skating (Glow Stick)		Arena
*** Weather permitting Outside Rink will be open, for skating, shinny and paint can curling.			
8am-6pm	Adults Co-ed Adult Mixed Hockey Tournament	As posted	Arena
11:00am-9:00pm	Bar Open		Hall
Button's		\$3.00	
6:00pm	Draws & Prizes 50/50 Draw		Hall
	Buttons Draw		Hall
	Snowman Contest Winners		Hall

WINTER CARNIVAL GAMES NIGHT - Friday, March 3rd

Darts and games will be played at the hall starting at 7:00 pm. Food and snacks available from 4:30-9:00 pm. Chili & Bun - \$5, Baked Beans & Bun - \$5, Pulled Pork on a Bun - \$5, French Fries - \$6, Poutine - \$9. Homemade Desserts, potato chips, chocolate bars and fresh popcorn also available.

SNOWMAN/SNOW SCULPTURE CONTEST

Post a picture of your snowman on the WDRA Facebook page by Friday, March 3rd. Prizes for 1st & 2nd place. Winners will be announced at the winter carnival on Saturday, March 4th.

WDRA ANNUAL AGM

Monday, April 17, 2023 at 7:00 pm at the Westmeath Rec. Centre Hall
Positions up for election - Vice President, Treasurer, Member at Large and Kitchen Manager. All are welcome.



**4th Annual
TOUR DE
WHITEWATER**

Save The Date

July 15th, 2023

**RIDES FOR
EVERYONE!**
Families & Groups
Welcome

NEW ROUTES
Ride beautiful Whitewater in Renfrew County



St. Patrick's Day Pub Night
Friday, March 17th, 2023
Westmeath Rec. Centre Hall

Food will be sold between 4:30 - 9:00 pm
The Menu will be:

- Stew with bread or bun - \$6.00
- Vegetarian Stew with bread - \$5.00
- Lasagna with garlic bread - \$6.00
- Veg. Lasagna with garlic bread - \$5.00
- Pulled Pork on a bun - \$5.00
- French Fries—\$6.00
- Poutine—\$9.00
- Assorted Homemade Desserts - \$2.00-\$3.00

Games will start at 7:00 pm. You can play euchre, darts, crockinole, cribbage or bring your own game to play.

The bar will be open. Bring you neighbours, friends and family for a fun evening.

DON'T FORGET TO WEAR GREEN!

RIVERVIEW SENIORS SOCIAL CLUB

“Shamrock Lunch” SOUP & DESSERT

Wednesday, March 15
At 12 Noon
Cost \$8.00
Irish music by Phil Cottrell on piano.

**Everyone Welcome to Stay for
Our Afternoon Euchre Tournament.**



**Westmeath Rec Centre Hall
119 Synton Street, Westmeath.**

WDRA ANNUAL GOLF TOURNAMENT

SAVE THE DATE
Saturday, June 17, 2023
Oaks of Cobden

The cost is \$100 per player for 18 holes of golf, cart and dinner.

We are looking for teams, hole sponsors and prizes (homemade or purchased). No prize is too small.

For more information, please contact Beth Ethier at (613) 587-4294.



Beachburg Lion's Club
Take Out Dinner
Saturday, March 25, 2023
Lion's Hall, Hannah St., Beachburg

Chicken Parm served with Spaghetti & Marinara Sauce
Dinner Roll & Dessert
\$17 per person

Contact Lion Audrey Cormack
Please place order by March 19th
Call or text - 613-585-3498
Email: a.cormack@nrtco.net

WHITEWATER SENIORS
Home Support & Active Living

WHITEWATER SENIORS MARCH 2023

Seniors from all Whitewater Township communities are welcome to attend any event listed. Require transportation? If so, be sure to ask when you register. There are no costs unless stated.

<p>When: Thursday, March 2 from 1:00-3:00pm Where: Haley United Church, 760 Calvin Road Topic: FALL PREVENTION (registration required) Presenter: Betty Mae Bryanton, RPH</p>	<p>When: March 7, 14 & 21 from 12:45-2:30pm Where: ConnectWell Health Centre, 20 Robertson Road IPAD Training (continuation for people that are currently enrolled)</p>
<p>When: Tuesday, March 7th, from 10:00-3:00pm Where: St. Andrews United Church, 1744 Beachburg Rd Event: Crafting (bring own supplies) Tea and Coffee will be provided. Bring a lunch if you're staying all day! All ages welcome!</p>	<p>When: March 6, 13, 20 & 27 from 10:15-11:45am Where: Westmeath Recreation Centre, 119 Synton Avenue TAI CHI (for those that are enrolled)</p>
<p>When: Wednesday, March 15th starting at noon Where: Westmeath Recreation Centre, 119 Synton Ave Event: Shamrock Soup & Dessert Lunch \$8.00 Euchre Tournament Riverview Seniors Social Club</p>	<p>VOLUNTEERS NEEDED! If you are looking for something to get involved with where you can meet people, lend a hand in your community, please contact Whitewater Seniors and make a difference.</p>
<p>When: Thursday, March 23rd from 11:30am – 1:00pm Where: Cobden Municipal Basement Hall, 44 Main Street Topic: Conversations About End of Life Options incl. MAID Presenter: Dr. Katie Forfar Registration Required</p>	
<p>When: Friday, March 31st from 11:30am to 1:00pm Where: St. Andrew's Church, 1744 Beachburg Road Event: Soup Luncheon Vendors will be attending with Spring & Easter Crafts</p>	
<p>March Fundraising Curbside Dinner—17\$/meal</p> <p>Wednesday, March 22nd from 4:00-6:00pm. Pick-up at ConnectWell Community Health, 20 Robertson Dr, Beachburg OR St. Paul's Anglican Church Hall, 27 Crawford St, Cobden.</p> <p>Please call (613) 582-3685 to reserve your meals by Friday, March 17th at 3:00pm.</p> <p>Meal: TO BE DETERMINED</p>	
<p>Registration Required (unless otherwise stated) Whitewater Seniors 1-833-582-7004 seniors@whitewaterregion.ca www.facebook.com/WWRSeniors</p>	


Carefor 

SIGN MAKING CLASS

On Sunday the April 2nd the WDRA will be hosting a sign making class. It will be held at the Westmeath Rec Centre Hall, 119 Synton St. from 1- 3 pm. The cost is \$35.00. A wooden sign will be provided and you will have the option to put Welcome, Home or Hello on it. You will be staining/ painting it. We ask that you bring the ribbon and greenery of your choice. Please register for the class by contacting Beth at (613) 587-4294 or send a message through the WDRA Facebook page.

Spaces are limited.

Dart night every Friday at 7:00 pm, Westmeath Rec. Centre Hall. \$5.00 per person. The bar is open. Bring your own darts. Great fun and lots of laughs.



FOR HALL BOOKINGS
Please call Marg Gervais @ 613-587-4838



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VOLUNTEERS NEEDED
Delta Bingo
2 bingos per month
Short training period. We don't want to lose this valuable source or revenue which helps our programming and events.

Table set up and chairs
For events at the hall as well a coordinator to contact volunteers as to date and time required
Email wdra@nrtco.net

Kitchen
For events and catered meals. Contact Leatrice at (613) 587-4503.

Golf Tournament
Please contact Beth Ethier at (613) 587-4294 if you are interested in volunteering.

School Volunteer Hours
The WDRA offers great opportunities for students to get their volunteer hours in at any of our upcoming events. Please email wdra@nrtco.net if interested.