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BEACH-WEST PHARMACY

1858 Beachburg Road, Beachburg, Ontario K0J 1C0

JIM LABOW – Pharmacist
Phone: 613-582-3333 Fax: 613-582-3338

Pharmacy Hours
Monday – Friday: 9:30 am – 5:45 pm
Saturday: 9:30 am – 12:00 noon

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ARENA ADVERTISING

Attention Business Owners! The WDRA rents advertising wall space inside the arena. The signs are mounted on the wall surrounding the ice surface area. These billboards offer an excellent opportunity to promote your business as well as express your support for local events in the community. As a business owner, you can be sure that your advertisement will be seen by hundreds of spectators each year. Contact the WDRA at wdra@nrtco.net for more information and make plans to have your ad ready for the next ice season.

FOR HALL BOOKINGS

Please call Marg Gervais
(613) 587-4838

FOR ICE RENTAL BOOKINGS

Please call Brenda Grady
(613) 587-4559



WDRA

WESTMEATH & DISTRICT
RECREATION ASSOCIATION



UPCOMING EVENTS

Mar 2nd, 9th, & 30th

YOGA 9-10:15 am
2 weeks off this month
Westmeath Hall

Mar 2nd, 9th, 16th, 23rd & 30th

Art classes 1:30 - 4:30
Community Hall

Mar 2nd

LaPasse CWL
Soup & Sandwich
11:30 am – 1:00 PM

Mar 4th, 5th & 6th

Winter Carnival

Mar 4th

Tween Dance - 7-10 pm

Mar 4th

WDRA Boardwalk Bingo
Pembroke

Mar 5th, 12th & 19th

Public Skating - 6:30 pm

Mar 7th

WDRA Meeting - 7:30 pm

Mar 9th

RVSC Monthly Meeting
11:00 am

Mar 9th

RVSC Wellness Clinic
1:30 pm

Mar 9th

Foot Care Specialist

Mar 13th

St. Andrew's United
Church
Spaghetti Supper

Mar 16th

RVSC Soup & Sandwich
12 noon followed by a
presentation by Hal
Johnson

MAR 17TH

St. Patty's
Dinner & Entertainment
Westmeath Hall - 4:30pm

Mar 19th

St. Patty's Dance
Beachburg Hall - 8 pm

Mar 26th

Easter Egg Hunt

MARCH 2016 NEWSLETTER

To rent Community Centre Hall or Ice Rink Facilities:

613-587-4559 or email wdra@nrtco.net

www.westmeathtoday.ca

Email: wdranewsletter@nrtco.net or call 613-587-4438

WDRA

WINTER CARNIVAL 2016

Thursday, March 3rd

Euchre Card Tournament 7:00 pm

Friday, March 4th

Tween Dance 7 - 10 p.m.

Co-Ed Adult Hockey Tournament 7 - 10 pm.

Saturday, March 5th

Buffet Breakfast 7 - 10:30 am

Lunch/Bar Food 11 am - 10pm

Family Ball Hockey Tournament 8 am - 5 pm

Co-Ed Adult Hockey Tournament 9 am - 11 pm

Children Crafts 10 am - 4 pm

Sledding/Outdoor Games 12 pm - 1 pm

Lumberjack Competition 1 pm - 2 pm

Bingo 1 pm - 3 pm

Scavenger Hunt 2:30 pm

Dale Yuke, Entertainer 8 pm - 12 am

Sunday, March 6th

Breakfast 9 am - 1 pm

Spaghetti Supper 4 pm - 6:30 pm

Minor Hockey Games 12 pm - 4 pm

Glow Stick Fun Skate 5 pm - 6 pm

For details check out Westmeath Facebook Page & Posters at Arena



CANADA DAY 2016

Planning has begun!

(also keeping in mind the 150th in 2017)

*Great ideas were shared at the Feb. 18th meeting to begin our planning for **FRIDAY, JULY 1, 2016***

Games, food, music, soccer, biking, farmers' rodeo...just to name a few ideas but your ideas are needed too! If you have ideas to share please send to wdra@nrtco.net. Local Talent is needed to perform on the Main Stage—if you and your band would like to perform please let us know!

Next meeting—Thursday, April 7—7:00 p.m.- Everyone Welcome

LET THE PARTY BEGIN!!

Celebrate this great country and our community!



WDRA INDOOR SPORTS PROGRAM

The WDRA will be hosting FREE indoor sports for ages 10-15 at the Beachburg Public School Gym from 4:15 -5:45 pm every Tuesday. This will include skill introduction and supervised games. We will be starting with basketball on Feb. 2nd. Please call Neil Nicholson at (613) 587-4725 for more information. We are also looking for volunteers to help families car pool to make sure any interested kids can participate.



TWEEN DANCE

Friday, March 4, 2016

7 pm—10 pm AGES 8—15 years

\$5.00/person

**MUSIC BY ABBEY LANE DJ
ENTERTAINMENT CANADA**

Township of Whitewater Region Strategic Plan

The RVSC has graciously invited Mayor Hal Johnson to their monthly Soup & Sandwich on March 16, 2016 at the Community Hall to present the updated Township Strategic Plan. This presentation will be approximately half an hour in length and will cover four key sectors of the municipality:

- * Growth & Development
- * Municipal Services
- * Health & Recreation
- * Sustainable Environment

All are welcome and the public is encouraged to comment on the plan.

PUBLIC SKATING

Saturdays 6:30-9:00 pm

\$2 per child, \$3 per adult

\$65 Family Pass

CSA approved helmets are mandatory for skaters under 16 years.



SPAGHETTI SUPPER FUNDRAISER

Sunday, March 13, 2016

St. Andrew's United Church, Westmeath

4:00 - 7:00 pm - \$10.00 per plate



Spaghetti & Sauce, Caesar Salad, Garlic Bread, Cake & Ice Cream, Tea, Coffee & Juice

EVERYONE WELCOME!

WHAT'S HAPPENING"

with the RIVERVIEW SENIORS SOCIAL CLUB

MARCH, 2016

Westmeath Riverview Seniors Club #802 is a non-profit and volunteer driven organization working to enhance the quality of life, community participation and independence of Seniors.

March **Soup and Sandwich** will be held Wed. March 16th, at 12:00 noon, upstairs in the Westmeath Community Hall. A great lunch with many choices of homemade soups, non-processed meats, and delicious desserts will be served. The cost is \$8.00 and everyone is Welcome. Following lunch at 12:30

our Mayor, Hal Johnson will make a brief presentation on the Twp. Strategic Plan, followed by a Question and Answer period. Everyone Welcome.

Our **monthly meeting** will be held March 9th at 11:00 a.m. You are encouraged to attend, and bring your lunch. Tea and Coffee will be served. Membership remains at \$10.00. New Members are welcome.

The **Wellness Clinic** will be held on March 9th at 1:30 pm. Come out and have your blood pressure and sugar checked.

Foot Care Specialist, Elizabeth Kelly, will be here on March 9th. If you are interested, please call Laurine Blackwell at 613-587-4491.

YOGA Classes begin at 9:00 am. until 10:15 every wed. morning. The cost is \$12.00 per session or \$42.00 for 6 weeks.

Art classes are held every wed. at 1:30 to 4:30 in the Community Hall." **Painting with Acrylics**" with Dudery Kenny. The cost is \$10.00 per session. For more information please call her at 613-582-3286. There is a limit of 12 students per class.

Mark June 30th on your calendar for a day trip to Perth to see Neil Simon's play, "I Ought to be in Pictures". The cost for members is \$28.00, this includes your admission to the play as well as your bus fare. Please let Ted know by end of March if you are interested. Non Members will be accepted after April 1st. Their cost will be \$48.00. Tour director Ted Winter can be reached at 613- 582-3778.

The HWT Project <http://hwtproject.ca/> is proudly sponsored by the Riverview Senior Social Club.

Like us on Facebook at **Riverview Seniors Social Club**

Thank You for your continued support.

Easter Egg Hunt

Saturday, March 26, 2016

10:30 a.m.—1:00 p.m.

Crafts, Decorate Eggs & Cupcakes

Bring your basket for the Easter Egg Hunt

Lunch Included

Soup, Grilled Cheese & Juice

\$5.00 per person

Everyone Welcome!

Easter Egg Hunt Outside Dress for the weather

Westmeath Community Hall

Sponsored by the WDRA

For information contact

Brenda @ 587-4518 or

wdra@nrtco.net

BINGO!

Looking for volunteers to help with Bingo at Boardwalk Gaming Centre in Pembroke. This is a great fundraiser for the WDRA. For more information, please contact Brenda at (613) 587-4518 or wdra@nrtco.net - next bingo—March 4th

WDRA Free Weekday Skate

One hour of FREE skating for seniors, tots, moms and dads. Every Friday from 1 - 2 pm. at the Westmeath Arena. CSA approved helmets required for those 16 years and under.

Come out and enjoy some great hockey

GARY RYAN

MEMORIAL HOCKEY GAME

Saturday, March 5, 2016

Beachburg Arena

6:00 p.m.

Auction following the game
At

The Beachburg Lion's Club Hall
with proceeds going to
Kids with Cancer
And Roger's House



For more information, please
Contact Bill Siebarth @ 613-638-3336

Thursday, March 17, 2016

Come out and enjoy

ST. PATTY'S DAY

Irish Stew, Vegetable Stew, Bake Beans & more. Homemade Bread and Desserts, Coffee & Tea (served buffet style)

Adults - \$10

10 yrs & under - \$5

3 yrs & under - free

Dinner - 4:30 - 7:00 pm

Entertainment

6:00 - 9:00 pm

(watch for posters)

Bar Open - 4:30 - 9:00 pm

Sponsored by the WDRA



MARK YOUR CALENDAR!

WDRA AGM

Monday, April 18, 2016 - Volunteers Needed