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WDRA

WESTMEATH & DISTRICT
 RECREATION ASSOCIATION

**WESTMEATH &
 DISTRICT RECREATION
 ASSOCIATION**

ANNUAL GENERAL MEETING

Monday, October 19th, 2020

7:30 p.m.

**Westmeath Recreation
 Centre**

Upstairs Hall

Everyone Welcome

Volunteers needed

Positions on the Board

**For more information con-
 tact**

**Brenda Grady at
wdra@nrtco.net**



JUNE 2020 NEWSLETTER

To rent Community Centre Hall :
 613-587-4559/613-587-4838 or email wdra@nrtco.net
 Ice bookings: arenas@whitewaterregion.ca;
 or call Township office M-F, 8:30 am - 4 pm , ask for Debbie

For Newsletter inquiries:
 Email: wdranewsletter@nrtco.net or call 613-587-4438
 DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH
www.westmeathtoday.ca

**The WDRA is seeking nominations for awards that will be
 presented at the AGM on October 19th**

- **The WDRA Volunteer of the Year Award** - The volunteer of the year should be someone you feel has made a significant contribution to the community over the past year.
- **The WDRA Youth Volunteer of the Year Award** - This should be someone under 21 years of age who you feel has made a significant contribution to the community over the past year.
- **The WDRA Lifetime Volunteer Achievement Award** - This should be someone you feel has made significant contributions to the community over many years and across a broad range of activities.

Please submit to Bob @ 613.587.4560 or send to
wdra@nrtco.net

Deadline to submit—July 3, 2020



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 1858 Beachburg Road, Beachburg, Ontario K0J 1C0

MATTHEW CONWAY – Pharmacist
 Phone: 613-582-3333 Fax: 613-582-3338

Pharmacy Hours
 Monday – Friday: 9:30 am – 5:30 pm
 Saturday: 9:30 am – 12:00 noon

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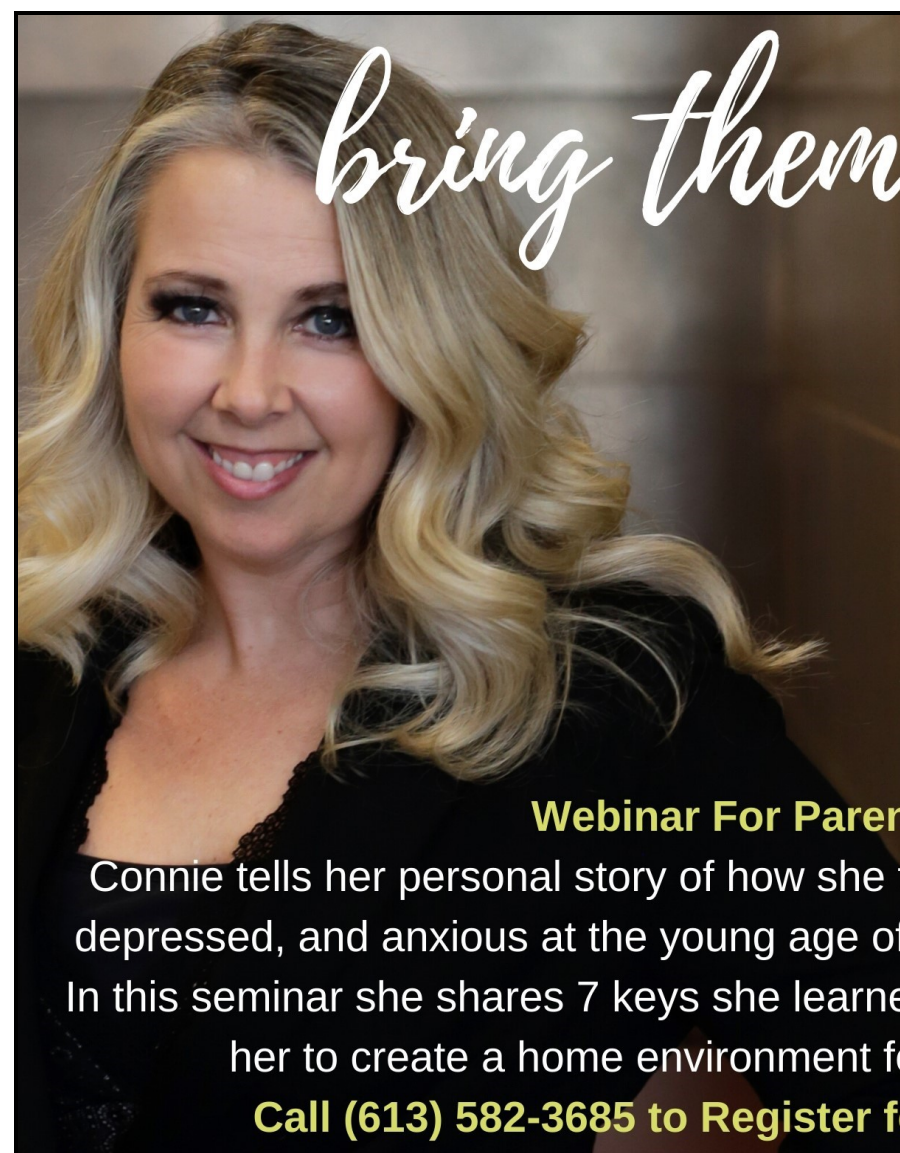
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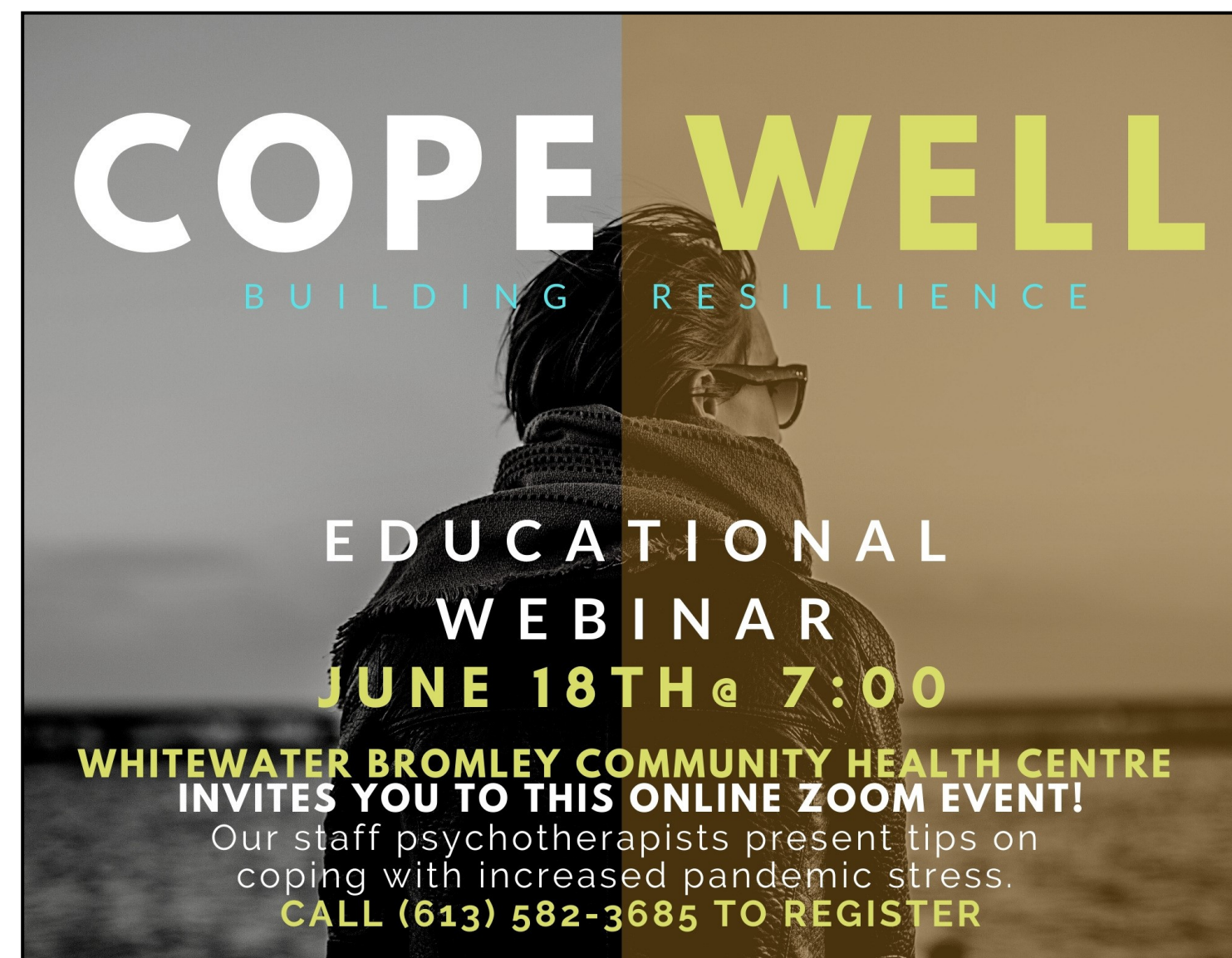
**THE
BRAVE
PARENT
WEBINAR**

**WBCHC
INVITES YOU
WEDNESDAY
JUNE 3RD
8:00 PM**

Webinar For Parents!

Connie tells her personal story of how she took their son from suicidal, depressed, and anxious at the young age of 8 to now thriving at age 13. In this seminar she shares 7 keys she learned of connection that allowed her to create a home environment for mental HEALTH.

Call (613) 582-3685 to Register for ZOOM webinar



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**EDUCATIONAL
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JUNE 18TH @ 7:00

**WHITEWATER BROMLEY COMMUNITY HEALTH CENTRE
INVITES YOU TO THIS ONLINE ZOOM EVENT!**

Our staff psychotherapists present tips on coping with increased pandemic stress.

CALL (613) 582-3685 TO REGISTER



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PLEASE CONTACT LYNN OR HEATHER AT

wdrnewsletter@nrtco.net



THE WDRA NEEDS YOUR HELP

We are looking for volunteers to help set up tables and chairs at the hall whenever we have an event such as our community breakfasts, dances, dinners, etc.

If you would be willing to put your name on a list please contact

Blaine @ 613-587-4251



The Whitewater Region Fire Department has issued a fire ban as of May 21, 2020 due to the dry conditions. The fire ban will remain in place until Whitewater Region receives a significant amount of rainfall. Fire permits and renewals are not being issued at this time.

With the Landfill now open again to the public, here are a few tips and reminders to help make your landfill trip more efficient:

- pre-sort loads for faster unloading (ie. metals, waste, recyclables, etc.)
- remove tarps and/or tie down straps while waiting in line for tipping
- place container recyclables loose into the bin provided (no recyclables in bags)
- tarp loads for transport
- please use curbside pick-up for household garbage and recycling.

Please respect physical distancing measures, keep 6 feet from others, and respect the limit of 5 vehicles in the landfill at one time. Please bring your landfill card or another form of identification to access the premise.