

Andrew Brotton Broker 613-633-8661

andrew@thesignatureteam.net









Plan, Build, Maintain...

From decks to fences and everything in-between,

we are your experts in home renovation!

Phone: 1-800-251-1821

Email: steve@whitewatercontracting.ca



ADVERTISE YOUR BUSINESS WITH US -ONLY \$25.00/MONTH -GET ONE MONTH FREE WHEN YOU COMMIT TO A FULL YEAR. FOR MORE NFORMATION OR TO ADVERTISE, PLEASE CONTACT HEATHER AT

wdranewsletter@nrtco.net

GOOD FOOD.REAL FAST. JOIN THE MOVEMENT Dana Nicholson National Director Independent Consultant, Epicure Office: 18667969798 Email: danasgoodfood@hotmail.com

BEACH-WEST PHARMACY

1858 Beachburg Road, Beachburg, Ontario K0J 1C0

MATTHEW CONWAY – Pharmacist Phone: 613-582-3333 Fax: 613-582-3338

Pharmacy Hours Monday - Friday: 9:30 am - 5:30 pmSaturday: 9:30 am - 12:00 noon

PRESCRIPTIONS • DIABETIC SUPPLIES **HEALTH & BEAUTY AIDS Photocopy and Fax Service**

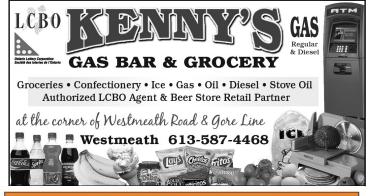
Ottawa River RV Sites

Fully Serviced, 30 amp Service, Sewer, Water

Spotswoods Landing 1737 Rapid Road, Westmeath, ON



www.spotswoodslanding.com email: info@spotswoodslanding.com 1-800-941-0006 • 1-613-587-4829



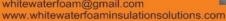
WHITEWATER FOAM INSULATION SOLUTIONS INC.

- * Spray Foam Insulation
- Crawl spaces / basement blankets Serving the Upper Ottawa Valley

ph: (613) 587-4275

cell: (613) 635-1899

whitewaterfoam@gmail.com







UPCOMING EVENTS

Jan. 1st HAPPY NEW YEAR!

Jan. 6rh Darts—7pm Westmeath Hall

Jan. 20th Pub Night 5-10pm Westmeath Hall

Feb. 11th RSSC Valentine Event

Feb. 18th Whitewater Public Library Free Family Skate 1:30-3:30

Mar. 3rd & 4th Westmeath Winter Carnival

PUB NIGHT

Friday, January 20th, 5pm-10pm Darts start at 7:00pm Games / Cards **Everyone Welcome!**

Food Available 5pm-9pm Hamburgers/ Cheeseburgers Fries/ Poutine Sausage on a Bun Hot Dogs Other Snacks Bar will be open 5pm - 10pm

JANUARY 2023 NEWSLETTER

To rent the Community Centre Hall: 613-587-4559/613-587-4838 or email wdra@nrtco.net Ice bookings: arenas@whitewaterregion.ca or call Courtney at the Township @ 613-646-2282 ext. 150

For Newsletter inquiries: Email: wdranewsletter@nrtco.net or call 613-587-4394 DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH www.westmeathtoday.ca

THANK YOU!

We would like to thank everyone who came out to the Santa Claus parade! We so appreciate all the work that went into making all the wonderful floats. The streets of Westmeath were lined with people admiring it all. The hall was packed afterwards with everyone who came out to catch a glimpse of Santa and to enjoy hot dogs, hot chocolate and cookies. Over 200 hot dogs were enjoyed. We would also like to thank everyone who donated food for the event and worked setting up and taking down tables and chairs as well as preparing the food. Thank you Joanne for organizing this event again this year and to all your helpers. Thank you Santa for taking time out of your busy schedule to come to Westmeath. It takes a lot of volunteers to make this event a success and we truly appreciate everyone who helped out.





THANK YOU!



The WDRA would like to thank everyone who came out to this years 5th Annual Christmas Tree lighting ceremony. The tree and decorations look lovely. Thank you to everyone who has helped out with this event from those who donated the tree, put the tree up and decorated it, the music, to preparing of the food and serving it. A special thank you goes out to Lorraine and Larry for all their hard work and dedication they put into this event every year.





KINDERGARTEN REGISTRATION

2023-2024



- Publicly-funded Catholic education
- Warm, nurturing, and inclusive environment
- Qualified and caring Kindergarten educators
- French language instruction begins in Kindergarten
- Structured literacy and mathematics taught through guided groups and purposeful play
- Daily opportunities for inquiry, outdoor play and physical education
- Art and music instruction
- Before and after school care available
- Flexible schedules and virtual options available

Register between January 23rd and February 3rd, 2023 at Our Lady of Grace, Westmeath!



REGISTER AT WWW.RCCDSB.CA

VOLUNTEERS NEEDED Delta Bingo

2 bingos per month

Short training period. We don't want to lose this valuable source or revenue which helps our programming and events.

Table set up and chairs

For events at the hall as well a coordinator to contact volunteers as to date and time required

Email wdra@nrtco.net





A Valentine Evening Not to Be Missed

EVERYONE WELCOME

Saturday, February 11, 2023

To start we'll have a full Italian meal catered by the WDRA. Followed by so much fun it should be illegal. Be warned! Back in Westmeath by POPULAR DEMAND comes Singo-Bingo.

TICKETS \$30.00 IN ADVANCE ONLY.

No sales at the door.

Call Kim at (613) 587-4106



"Where Music Meets Bingo'

With Chris Cooper DJ Services.

Westmeath Recreation Centre Hall, 119 Synton St, Westmeath

RIVERVIEW SENIORS SOCIAL CLUB

Dart night will resume on Friday January 6th at 7:00 pm, Westmeath Rec. Centre Hall. \$5.00 per person. The bar is open. Bring your own darts. Great fun and lots of laughs.



RIVERVIEW SENIORS SOCIAL CLUB

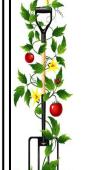
2023 MEMBERSHIP

Renewals & New Memberships On Sale Now at \$10.00.

Call Connie at 613 582-3390



Remain Young at Heart High Value Socializing Priceless Friendships **Varm Welcome to New Members**



MORNING SONG FARMS

Specializing in Potatoes

50 lbs/\$15.00

279 Lacroix Bay Road

Westmeath, Ontario KOJ 2LO

LORIN AND RUTH MARTIN 613-587-4756





WHITEWATER SENIORS JANUARY 2023

Seniors from all Whitewater Township communities are welcome to attend any event listed. Require transportation? If so, be sure to ask when you register. There are no costs unless stated.

When: Tuesday, January 3rd from 10:00-3:00pm Where: St. Andrews United Church, 1744 Beachburg Rd Event: Crafting (bring own supplies)

Tea and Coffee will be provided. Bring a lunch if you're staying all day! All ages welcome!

When: Monday, January 9th from 10:30-12:00pm Where: Westmeath Recreation Centre, 119 Synton Ave, Westmeath Event: Tai Chi with Sifu Janna Clarke from Temple Knights

Martial Arts Academy Bring: Indoor shoes/slippers & wear exercise clothes.



When: Tuesday, January 17th from 1:00-2:30pm Where: Whitewater Municipal building, basement hall, 44 Main St, Cobden **Event: Euchre**

Access to basement hall is at the back of the building.

When: Thursday January 19th from 1:00-2:00pm Where: ConnectWell Community Health Beachburg, 20 Robertson Dr **Topic: Nutrition**

Presenter: Melissa Verch, Registered Dietitian In partnership with ConnectWell Community Health



When: Friday, January 27th from 11:30-1:00pm Where: St. Andrews United Church, 1744 Beachburg Rd **Event: Soup & Sandwich** No registration required, donations accepted!

When: Thursday January 12th, from

1:00-2:30pm

Where: Haley United Church, 760 Calvin Rd, Haley Station

Topic: Dementia 101

Presenter: Brenda Dwyer from the Dementia Society

When: Tuesday, January 31st from

1:00-2:30pm

Where: Whitewater Municipal building, basement hall, 44 Main St,

Cobden

Topic: Sleep as We Grow Older

Presenter: Angie Lepine from Renfrew Victoria Hospital

RVH

Whitewater Seniors update:

As of December 22nd, Whitewater Seniors will be operating from the Whitewater Municipal building, 44 Main St. Cobden on Mondays, Tuesdays and Thursdays from 9-4pm, Fridays 9-2pm and from the Beachburg arena on Wednesdays from 10-3pm. Walk-ins are available at both locations.

Frozen meals will be available at the Beachburg arena as well as in Cobden.

January Fundraising Curbside Dinner—17\$/meal

Wednesday, January 25th from 4:00-6:00pm. Pick-up at ConnectWell Community Health, 20 Robertson Dr, Beachburg OR St. Paul's Anglican Church Hall, 27 Crawford St, Cobden

MA

Please call (613) 582-3685 to reserve your meals by Friday January 20th at 3:00pm.

Meal: Roast Beef, Horseradish, Marinated Onions, Mashed Potatoes, Veggies, Bun & Dessert by Schmidt's Catering!

REGISTRATION REQUIRED (unless otherwise stated).

Call Whitewater Seniors at 1-833-582-7004 or email seniors@whitewaterregion.ca Facebook: https://www.facebook.com/WWRSeniors







VOLUNTEERS NEEDED - We have many events throughout the year that requires donated baked goods or other foods such as milk, butter and pop or help in the kitchen with food prep, service and clean-up. If you would be willing to help out in the kitchen and or donate food please contact Marg at 613 587-4838 or Leatrice at. 613-587-4503. We would like to thank the many volunteers who have donated food throughout the years. We greatly appreciate all that you do.

FOR HALL BOOKINGS Please call Marg Gervais @ 613-587-4838



