

WINMAR®

WINMAR® Pembroke o/b Kevin Boire Construction Ltd.
An Independently Owned and Operated Franchise

General Contractors
Property Restoration Specialists

205 Paul Martin Drive
Pembroke, ON K8A 6W7
P: 613-732-9874 | F: 613-732-4922
Toll Free: 1-855-4-WINMAR
kevinboire@winmar.ca
www.winmar.ca

Kevin Boire
President
WRT, ASD, AMRT, OCT

FIRE • WIND • WATER
• MOULD • ASBESTOS

Andrew Brotton
Broker
613-633-8661
andrew@thesignatureteam.net





CC WHITE WATER
CONTRACTING COMPANY

Plan, Build, Maintain...

From decks to fences and everything in-between,
we are your experts in home renovation!

Phone: 1-800-251-1821
Email: steve@whitewatercontracting.ca

Arnold deRuiter
Owner
613-587-4677
Cell# 613-717-4607

deRuiter Aggregates

Sand > Gravel > Backhoe
Lot Clearing
Westmeath, Ontario



ADVERTISE YOUR BUSINESS WITH US -
ONLY \$25.00/MONTH -GET ONE MONTH FREE
WHEN YOU COMMIT TO A FULL YEAR.

FOR MORE INFORMATION OR TO
ADVERTISE, PLEASE CONTACT HEATHER AT
wdranewsletter@nrtco.net

GOOD FOOD. REAL FAST.™

JOIN THE MOVEMENT
EPICURE.COM

Dana Nicholson
National Director
Independent Consultant, Epicure
Office: 18667969798
Email: danagoodfood@hotmail.com



BEACH-WEST PHARMACY
1858 Beachburg Road, Beachburg, Ontario K0J 1C0

MATTHEW CONWAY – Pharmacist
Phone: 613-582-3333 Fax: 613-582-3338

Pharmacy Hours
Monday – Friday: 9:30 am – 5:30 pm
Saturday: 9:30 am – 12:00 noon

PRESCRIPTIONS • DIABETIC SUPPLIES
HEALTH & BEAUTY AIDS
Photocopy and Fax Service

Ottawa River RV Sites
Fully Serviced, 30 amp Service, Sewer, Water

Spotswoods Landing
1737 Rapid Road, Westmeath, ON




www.spotswoodslanding.com
email: info@spotswoodslanding.com
1-800-941-0006 • 1-613-587-4829

LCBO KENNY'S GAS
Regular & Diesel

GAS BAR & GROCERY

Groceries • Confectionery • Ice • Gas • Oil • Diesel • Stove Oil
Authorized LCBO Agent & Beer Store Retail Partner

at the corner of Westmeath Road & Gore Line
Westmeath 613-587-4468



WHITEWATER FOAM INSULATION SOLUTIONS INC.

- * Spray Foam Insulation
- * Cellulose
- * Crawl spaces / basement blankets

Serving the Upper
Ottawa Valley

ph: (613) 587-4275
cell: (613) 635-1899
whitewaterfoam@gmail.com
www.whitewaterfoaminsulationsolutions.com



WDRA

WESTMEATH & DISTRICT RECREATION ASSOCIATION

 **UPCOMING EVENTS**

Jan. 1st HAPPY NEW YEAR!

Jan. 6th Darts—7pm Westmeath Hall

Jan. 20th Pub Night 5-10pm
Westmeath Hall

Feb. 11th RSSC Valentine Event

Feb. 18th Whitewater Public Library
Free Family Skate 1:30-3:30


Mar. 3rd & 4th Westmeath Winter
Carnival


PUB NIGHT
Friday, January 20th, 5pm-10pm
Darts start at 7:00pm
Games / Cards
Everyone Welcome!

Food Available
5pm-9pm
Hamburgers/ Cheeseburgers
Fries/ Poutine
Sausage on a Bun
Hot Dogs
Other Snacks
Bar will be open 5pm - 10pm

THANK YOU!

The WDRA would like to thank everyone who came out to this years 5th Annual Christmas Tree lighting ceremony. The tree and decorations look lovely. Thank you to everyone who has helped out with this event from those who donated the tree, put the tree up and decorated it, the music, to preparing of the food and serving it. A special thank you goes out to Lorraine and Larry for all their hard work and dedication they put into this event every year.





JANUARY 2023 NEWSLETTER

To rent the Community Centre Hall:
613-587-4559/613-587-4838 or email wdra@nrtco.net
Ice bookings: arenas@whitewaterregion.ca;
or call Courtney at the Township @ 613-646-2282 ext. 150

For Newsletter inquiries:
Email: wdranewsletter@nrtco.net or call 613-587-4394
DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH
www.westmeathtoday.ca

THANK YOU!

We would like to thank everyone who came out to the Santa Claus parade! We so appreciate all the work that went into making all the wonderful floats. The streets of Westmeath were lined with people admiring it all. The hall was packed afterwards with everyone who came out to catch a glimpse of Santa and to enjoy hot dogs, hot chocolate and cookies. Over 200 hot dogs were enjoyed. We would also like to thank everyone who donated food for the event and worked setting up and taking down tables and chairs as well as preparing the food. Thank you Joanne for organizing this event again this year and to all your helpers. Thank you Santa for taking time out of your busy schedule to come to Westmeath. It takes a lot of volunteers to make this event a success and we truly appreciate everyone who helped out.







KINDERGARTEN REGISTRATION

2023-2024



Register between January 23rd
and February 3rd, 2023 at
Our Lady of Grace, Westmeath!



REGISTER AT
WWW.RCCDSB.CA

- Publicly-funded Catholic education
- Warm, nurturing, and inclusive environment
- Qualified and caring Kindergarten educators
- French language instruction begins in Kindergarten
- Structured literacy and mathematics taught through guided groups and purposeful play
- Daily opportunities for inquiry, outdoor play and physical education
- Art and music instruction
- Before and after school care available
- Flexible schedules and virtual options available

VOLUNTEERS NEEDED

Delta Bingo

2 bingos per month
Short training period.
We don't want to lose
this valuable source or
revenue which helps
our programming and
events.

Table set up and chairs

For events at the hall as
well a coordinator to
contact volunteers as to
date and time required

Email wdra@nrtco.net



WHITEWATER SENIORS JANUARY 2023

Seniors from all Whitewater Township communities are welcome to
attend any event listed. Require transportation? If so, be sure to ask when you register.
There are no costs unless stated.

When: Tuesday, January 3rd from 10:00-3:00pm
Where: St. Andrews United Church, 1744 Beachburg Rd
Event: **Crafting** (bring own supplies)
Tea and Coffee will be provided. Bring a lunch if you're staying all day!
All ages welcome!

When: Monday, January 9th from 10:30-12:00pm
Where: Westmeath Recreation Centre, 119 Synton Ave, Westmeath
Event: **Tai Chi** with Sifu Janna Clarke from Temple Knights
Martial Arts Academy
Bring: Indoor shoes/slippers & wear exercise clothes.



When: Tuesday, January 17th from 1:00-2:30pm
Where: Whitewater Municipal building, basement hall, 44 Main St, Cobden
Event: **Euchre**
Access to basement hall is at the back of the building.

When: Thursday January 19th from 1:00-2:00pm
Where: ConnectWell Community Health Beachburg, 20 Robertson Dr
Topic: **Nutrition**
Presenter: Melissa Verch, Registered Dietitian
In partnership with ConnectWell Community Health



When: Friday, January 27th from 11:30-1:00pm
Where: St. Andrews United Church, 1744 Beachburg Rd
Event: **Soup & Sandwich**
No registration required, donations accepted!

When: Thursday January 12th, from
1:00-2:30pm
Where: Haley United Church, 760
Calvin Rd, Haley Station
Topic: **Dementia 101**
Presenter: Brenda Dwyer from the
Dementia Society



When: Tuesday, January 31st from
1:00-2:30pm
Where: Whitewater Municipal
building, basement hall, 44 Main St,
Cobden
Topic: **Sleep as We Grow Older**
Presenter: Angie Lepine from
Renfrew Victoria Hospital



Whitewater Seniors update:

As of December 22nd, Whitewater Seniors will
be operating from the Whitewater Municipal
building, 44 Main St. Cobden on Mondays,
Tuesdays and Thursdays from 9-4pm, Fridays
9-2pm and from the Beachburg arena on
Wednesdays from 10-3pm. Walk-ins are
available at both locations.

Frozen meals will be available at the Beachburg
arena as well as in Cobden.

January Fundraising Curbside Dinner—17\$/meal

Wednesday, January 25th from 4:00-6:00pm. Pick-up at ConnectWell Community Health, 20 Robertson Dr, Beachburg OR St. Paul's
Anglican Church Hall, 27 Crawford St, Cobden.



Please call (613) 582-3685 to **reserve your meals by Friday January 20th at 3:00pm.**

Meal: Roast Beef, Horseradish, Marinated Onions, Mashed Potatoes, Veggies, Bun & Dessert by Schmidt's Catering!

REGISTRATION REQUIRED (unless otherwise stated).

Call Whitewater Seniors at 1-833-582-7004 or
email seniors@whitewaterregion.ca
Facebook: <https://www.facebook.com/WWRSeniors>



VOLUNTEERS NEEDED - We have many events throughout the year that requires donated baked goods or
other foods such as milk, butter and pop or help in the kitchen with food prep, service and clean-up. If you
would be willing to help out in the kitchen and or donate food please contact Marg at 613 587-4838 or Leatrice
at. 613-587-4503. We would like to thank the many volunteers who have donated food throughout the
years. We greatly appreciate all that you do.

FOR HALL BOOKINGS
Please call Marg Gervais
@ 613-587-4838



*"Mi Amore
Italiano"*

A Valentine Evening Not to Be Missed

EVERYONE WELCOME

Saturday, February 11, 2023

To start we'll have a full Italian meal catered by the WDRA,
Followed by so much fun it should be illegal. Be warned!
Back in Westmeath by **POPULAR DEMAND** comes Singo-Bingo.

**TICKETS \$30.00 IN ADVANCE
ONLY.**

No sales at the door.

Call Kim at (613) 587-4106



"Where Music Meets Bingo"

With Chris Cooper DJ Services.

Westmeath Recreation Centre Hall, 119 Synton St, Westmeath

RIVERVIEW SENIORS SOCIAL CLUB

Dart night will resume on Friday
January 6th at 7:00 pm, Westmeath
Rec. Centre Hall. \$5.00 per person.
The bar is open. Bring your own
darts. Great fun and lots of laughs.



RIVERVIEW SENIORS SOCIAL CLUB

2023 MEMBERSHIP

Renewals & New Memberships
On Sale Now at \$10.00.

Call Connie at 613 582-3390



Remain Young at Heart
High Value Socializing
Priceless Friendships
A Warm Welcome to New Members



MORNING SONG FARMS

Specializing in Potatoes

50 lbs/\$15.00

279 Lacroix Bay Road

Westmeath, Ontario K0J 2L0

LORIN AND RUTH MARTIN 613-587-4756