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A friendly reminder that all content and advertising  
submissions for the WDRA Newsletter must be  
received by the 15th of the month in order to  
guarantee inclusion the following month.  
Submissions can be made via email  
at [wdranewsletter@nrtco.net](mailto:wdranewsletter@nrtco.net).  
For inquiries, please call Lynn at (613) 587-4438 or  
Heather at (613) 587-4394.

**WDRA**

WESTMEATH & DISTRICT  
RECREATION ASSOCIATION

**UPCOMING  
EVENTS**



Jan 1st	Happy New Year!
Jan 5th	Novice Tournament
Jan 8th	Whitewater Singers
	7 p.m. Westmeath Hall
Jan 9th	RSSC Monthly Meeting
Jan 9th	Gentle Yoga
	9:00—10:30 —upstairs hall
Jan 12th	Midget Tournament
Jan 16th	RSSC Soup & Sandwich
Jan 23rd	RSSC China Night
Jan 26th	Bantam Tournament
Feb 1, 2, 3	Memorial Tournament
	Beachburg, Westmeath
	And Cobden
Feb 6th	LaPasse Soup & Sandwich
	11:30—1:00
Feb 9th	Peewee Tournament
Feb 23rd	Atom Tournament

**LIKE US ON  
facebook.**



**JANUARY 2019 NEWSLETTER**

To rent Community Centre Hall :  
613-587-4559/613-587-4838 or email [wdra@nrtco.net](mailto:wdra@nrtco.net)  
Ice bookings: [arenas@whitewaterregion.ca](mailto:arenas@whitewaterregion.ca);  
or call Township office M-F, 8:30 am - 4 pm , ask for Debbie

For Newsletter inquiries:  
Email: [wdranewsletter@nrtco.net](mailto:wdranewsletter@nrtco.net) or call 613-587-4438  
DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH  
[www.westmeathtoday.ca](http://www.westmeathtoday.ca)

**UPCOMING MMHA  
HOCKEY  
TOURNAMENTS**

**AT**

**THE WESTMEATH ARENA**

Mark the dates!!

<b>January 5th</b>	<b>Novice</b>
<b>January 12th</b>	<b>Midget</b>
<b>January 26th</b>	<b>Bantam</b>
<b>February 9th</b>	<b>Peewee</b>
<b>February 23rd</b>	<b>Atom</b>

Come and watch some great hockey, support our local players and enjoy  
some delicious food...breakfast, lunch...a fun day for all.



*Thank You*

We would like to thank Lorraine and her husband **Larry** for their great initiative to hold a Christmas Tree Lighting event in Westmeath on Dec 9th. Many hands made light work with Peter Ethier getting the tree from **Gail Ethier's** property and setting it up in the ball diamond as well as Marie McMullen and her team preparing all the snacks and warm drinks set out in the hall. Bob Grylls helped out with the song book-lets to help remind us all of the words to each song. Plus all the decorations, lights and games done up and on display by Lorraine.

Thanks so much for such a wonderful night!

Also, thanks to everyone involved in the **Santa Claus Parade** making it a fun filled evening for all and especially our littles.

## Gentle Yoga Winter Session

January 9<sup>th</sup> to February 20<sup>th</sup> at 9 to 10:30 a.m.

Westmeath Rec Centre Hall

Full Session \$50 pp. Drop-in to try a class \$12 pp

GENTLE YOGA will benefit all adults wishing to gently stretch and tone the body. Come out and warm up those tense and rigid muscles. Gentle help for flexibility and balance as you age. Very useful for anyone recovering from illness or dealing with mobility issues. Info: Barb at 587-4115.

▲ Riverview Senior Social Club

## THE WHITEWATER SINGERS

Winter Schedule Starts Tuesday, January 8, 2019,

7 p.m., Westmeath Rec Centre Hall.



- Welcoming all Whitewater Residents 50+ who love to sing.
- No prior choral experience or music training required.
- Led by Musical Director Blaine Sack. Call 613. 587.4251 for Info.

SINGING LIFTS THE SPIRIT & GLADDENS THE HEART,  
COME OUT AND GIVE IT A TRY



Funded by Ontario Seniors Community Grant Program,  
Ontario Ministry of Seniors Affairs.

RIVERVIEW SENIORS SOCIAL CLUB

## January 2019 Update of Riverview Seniors Social Club

Submitted by Heather Campbell

*The Riverview Seniors Social Club is a non-profit and volunteer driven organization working to enhance the quality of life, community participation and independence of seniors.*

HAPPY NEW YEAR !

### COMING EVENTS:

#### Mark Your Calendar:

The Whitewater Singers under the direction of Blaine Sack will continue to meet on **Tuesday evenings (7 -8:30)**. There is no class on the last Tuesday of each month. New members are most welcome. There is no fee. Contact info: 613-587-4251; Cell 343 369-8700. This program is funded by Ontario Seniors Community Grant Program, Ontario Ministry of Seniors Affairs.

Riverview Senior Social Club **monthly business meetings** are the **2<sup>nd</sup> Wednesday** of every month, starting at 11a.m. All members are encouraged to attend.



Monthly Community **Soup and Sandwich Luncheons** are the **3<sup>rd</sup> Wednesday** of every month, beginning at 12 noon. Cost is \$8.

#### The club is alive with new ideas:

See the ad in this newsletter regarding our "CHINA NIGHT" on Wednesday January 23<sup>rd</sup>. Tickets are limited. Get yours now! \$15 (Call Jan at 582-3741)

Watch for more news in next months newsletter. If you are a club member, we welcome you to the monthly business meetings at which new ideas are introduced.

If you are not a member, why not join? Contact Connie Gray, membership chair (613-582-3390)

Copies of "My Wishes Workbook" are still available for purchase at \$15.00. Order by email to: [mywishesworkbook@gmail.com](mailto:mywishesworkbook@gmail.com). Or phone 587-4502. They make great presents.

Please like us and share our Facebook Page!" It's **Riverview Seniors' Social Club**. Go there to learn more about activities offered as well as viewing photos from past RSSC events..

Please note: This Riverview monthly column also now appears on the Club's website. <http://hwtproject.ca/riverviewclubevents/> as well as in the Lions' Newsletter.

## CHINA NIGHT

WEDNESDAY, JANUARY 23<sup>RD</sup>, 2019

WESTMEATH REC CENTRE HALL

HOMEMADE CHINESE FOOD CATERED  
BY LOCAL CHEF BOB THOMPSON



TICKETS \$15.00  
CALL 582-3741  
OR AT CLUB EVENTS

PLUS "EXPERIENCING CHINA"  
WITH CHINA TRAVELLER PETER VALLANT

RIVERVIEW SENIORS SOCIAL CLUB

Hosted by D. McLaughlin

Live music,  
Licensed BAR!!!

2019

## Memorial Tournament

Beachburg, Westmeath, Cobden

Feb 1st, 2nd & 3rd

4 Divisions

Ladies	4-12 teams	\$550
Gentlemen	4-12 teams	\$550
Open	4-12 teams	\$620
Co-ed	4-12 teams	\$550

All athletes must be minimum 19 years of Age in all divisions

Gentlemen Division may only have 2 athletes under 30 years old  
Co-ed must have minimum 2 female skaters on ice at all times

Registration and \$100 deposit must be received by Jan 11 2019

3 game guarantee in all divisions

Contact D. McLaughlin to register your Team Today!!!  
[beachburgsports@hotmail.com](mailto:beachburgsports@hotmail.com)

### RECREATIONAL BROOMBALL for ALL AGES

Every 2nd SATURDAY  
Starting Oct. 20th  
5:30 - 6:30 PM  
at the Westmeath Arena

**\$4 /Person**

Helmets (all ages) and  
Indoor Running Shoes  
or Broomball  
Shoes required  
Brooms provided by  
Beachburg  
Public School

for more info, please contact Mary  
[marcy@nrtco.net](mailto:marcy@nrtco.net) or 613-582-7491

**FUN for the WHOLE FAMILY!**

### FOR HALLBOOKINGS

Please call Marg Gervais

613-587-4838

