## Your Life, Your Love, Your Wedding

Wedding Officiants (Ontario Licensed)



Cathy Williamson

613-587-4715 www.cathywilliamson.ca

#### **Danielle Thomas**

613-587-4615 granielle@mail.com (Ceremonies en français aussi)



# GOOD FOOD. REAL FAST.

Dana Nicholson National Director Independent Consultant, Epicure

Office: 18667969798 Email: danasgoodfood@hotmail.com



JOIN THE MOVEMENT

## **BEACH-WEST PHARMACY**

1858 Beachburg Road, Beachburg, Ontario K0J 1C0

JIM LABOW – Pharmacist Phone: 613-582-3333 Fax: 613-582-3338

> Pharmacy Hours *Monday - Friday:* 9:30 am - 5:45 pm *Saturday:* 9:30 am − 12:00 noon

PRESCRIPTIONS • DIABETIC SUPPLIES **HEALTH & BEAUTY AIDS Photocopy and Fax Service** 

## **ADVERTISE YOUR BUSINESS WITH US**

ONLY \$25.00/MONTH GET ONE MONTH FREE WHEN YOU COMMITT TO A FULL YEAR. FOR MORE INFORMATION OR TO ADVERTISE.

wdranewsletter@nrtco.net or (613) 587-4394

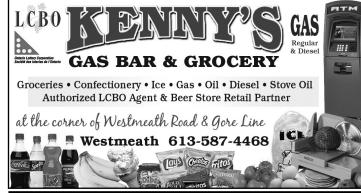
PLEASE CONTACT HEATHER AT



Andrew Brotton, Broker Direct: 613-633-8661 Email: andrew.brotton@century21.ca www.andrewbrotton.com







## Ottawa River RV Sites

Fully Serviced, 30 amp Service, Sewer, Water

**Spotswoods Landing** 1737 Rapid Road, Westmeath, ON



www.spotswoodslanding.com email: info@spotswoodslanding.com 1-800-941-0006 • 1-613-587-4829

## ARENA ADVERTISING

Attention Business Owners! The WDRA rents advertising wall space inside the arena. The signs are mounted on the wall surrounding the ice surface area. These billboards offer an excellent opportunity to promote your business as well as express your support for local events in the community. As a business owner, you can be sure that your advertisement will be seen by hundreds of spectators each year. Contact the WDRA at wdra@nrtco.net for more information and make plans to have your ad ready for the next ice season.



## **JANUARY 2016 NEWSLETTER**

To rent Community Centre Hall or Ice Rink Facilities: 613-587-4559 or email wdra@nrtco.net www.westmeathtoday.ca

For Newsletter inquiries: Email: wdranewsletter@nrtco.net or call 613-587-4394

# **UPCOMING EVENTS**

**NEW YEARS DAY!** Jan 1st

Jan 3rd, 10th, 17th, 24th & 31st

Public Skating - 6:30 pm

WDRA Meeting - 7:30 pm Jan 4th

Jan 6th Lapasse CWL Soup & Sandwich

11:30am-1:00pm

Jan 9th Muskrat Midget House League Tournament

Jan 13th, 20th & 27th

YOGA 9-10:15 am Westmeath Hall

Jan 13th **RVSC Monthly Meeting** 11:00 am

**RVSC Wellness Clinic** Jan 13th 1:30 pm

Jan 16th Muskrat Bantam House

League Tournament

**RVSC Soup & Sandwich** Jan 20th 12 noon

Jan 22nd Tween Dance - 7:00 pm

Muskrat Novice House Jan 23rd League Tournament

Jan 30th Muskrat Peewee House League Tournament

Feb 6th Cobden Peewee House League Tournament

Feb 13h Beachburg Atom House League Tournament

Mar 4, 5 & 6, 2016

Westmeath Winter Carnival



\*Mark your calendar, come on out and enjoy\* \*Watch for poster with more details\*

The WDRA is looking for volunteers interested in helping with the 2016 Winter Carnival. Events include Scavenger Hunt, Road Hockey, Outdoor Games, Crafts, Skating. Bingo, Euchre and much more!



We are looking for people interested in taking on a leadership roll or sitting on a committee. We are always looking for new ideas!

If interested, please contact Brenda at (613) 587-4559 or via email at wdra@nrtco.net



PUBLIC SKATING - Saturdays 6:30 - 9:00 pm \$2 per child \* \$3 per adult \* \$65 Family Pass

CSA approved helmets are mandatory for skaters under 16 years. Good exercise and great fun for the whole family!

# **TWEEN DANCE**



7PM-10PM AGES 8-15YRS \$5/PERSON

MUSIC BY ABBEY LANE DJ **ENTERTAINMENT CANADA** 

## FOR HALL BOOKINGS

Please call Marg Gervais (613) 587-4838



Please call **Brenda Grady** (613) 587-4559







## **HOCKEY & RINK ACTIVITY UPDATES**

We will be starting four new skating and hockey sessions in 2016!

Sessions will be held on Sunday evenings staring January 3rd. Times are just in the process of being confirmed.

Youth Skating Lessons - Here we will focus on strengthening skating for those who want to improve balance, turning, stopping, starting, stride or who just want to learn to skate better. There will be lots of games and drills that will help develop skating skills but still keep it fun for all those hockey players and recreational skaters alike. The fee will be \$50 for eight sessions.

Novice/Atom Hockey Skills - Here we build upon the skating skills and add puck handling, shooting, passing, all while skating. The fee will be \$60 for eight sessions.

Peewee/Bantam Hockey Skills - Here we build upon the skating skills and add puck handling, shooting, passing all while skating. The fee will be \$60 for eight sessions.

Adult Skating Lessons - Similar to the youth skating lessons, the intent of this program is to offer an opportunity for senior youth and adults to learn-to-skate or to brush up on their skating in a fun and relaxed environment where they will be able to decide what they would like to learn or work on. Helmets are the only required equipment for this group. The fee will be \$60 for six sessions.

Contact Neil Nicholson at (613) 587-4725 or via email at n r nicholson@hotmail.com for more details.

#### MUSKRAT MINOR HOCKEY IN WESTMEATH

Come out and cheer on our local hockey talent. The following House League and Competitive games are being held at the Westmeath Arena in November:

Jan. 2 @ 9 am - Westmeath Novice vs. Pembroke 3 Novice

Jan. 3 @ 1 pm - Muskrat Aton vs. Valley Storm Atom

Jan. 4 @ 6 pm - Westmeath Novice vs. Eganville 1 Novice

Jan 4 @ 7 pm - Westmeath Midget vs. Fort Coulonge Midget

Jan. 5 @ 8 pm - Westmeath Peewee vs. Deep River 1 Peewee

Jan. 6 @ 7 pm - Westmeath Bantam vs. Pembroke 3 Bantam

Jan. 7 @ 8 pm - Muskrat Bantam vs. Pembroke Bantam Kings

Jan. 10 @ 2:30 pm - Muskrat Atom vs. Arnprior Atom Packers

Jan. 12 @ 8 pm - Westmeath Peewee vs. Pembroke 3 Peewee

Jan. 14 @ 7 pm - Muskrat Atom vs. Pembroke Atom Kings

Jan. 18 @ 6 pm - Westmeath Novice vs. Beachburg Novice

Jan. 18 @ 7 pm - Westmeath Midget vs. Deep River Midget

Jan. 21 @ 7 pm - Muskrat Peewee vs. Patawawa Peewee Patriots

Jan. 22@ 7 pm - Westmeath Midget vs. Petawawa 2 Midget

Jan 27 @ 7 pm - Westmeath Bantam vs. Cobden Bantam

Jan. 28 @ 8 pm - Muskrat Bantam vs. Petawawa Bantam Patriots

#### THANK YOU!

Thanks to Peter Crosby for helping flooding the ice during the annual Silver Stick Tournament.

Also thanks to Alex Bromley, Ashley McDonald, Tyson Yakabuski, Parker Lessard, Dustin Ethier, Jacob Derouin and Garrett Robertson.

Additional thanks to Robert Wright for fixing an oil leak and tightening the belts on the zamboni.

Thanks everybody!

- Mel

Hope everyone has a Merry Christmas and a Happy New Year!

### **WDRA Free Weekday Skate**

One hour of FREE skating for seniors, tots, moms and dads. Every Wednesday from 1 - 2 pm. at the Westmeath Arena. CSA approved helmets required for those 16 years and under.

A Huge Thank You goes out to Joanne Savage and all those who volunteered their time to help give our small community another terrific Santa Claus Parade and welcoming reception afterward at the Rec. Centre. A good time was had by all!

#### WDRA MONTHLY MEETINGS

Are held on the first Monday of every month in the upstairs hall of the Westmeath Rec. Centre. These meetings are open to everyone and we welcome all who wish to attend.

#### **BINGO!**

Looking for volunteers to help with Bingo at Boardwalk Gaming Centre in Pembroke. This is a great fundraiser for the WDRA. For more information, please contact Brenda at (613) 587-4518 or wdra@nrtco.net

## "WHAT'S HAPPENING" with the **RIVERVIEW SENIOR'S SOCIAL CLUB** ~JANUARY 2016~ **Happy New Year!**

Westmeath Riverview Senior's Club #802 is a non-profit and volunteer driven organization working to enhance the counts toward volunteer hours required by the local quality of life, community participation and independence of Seniors.

Our first Soup and Sandwich of 2016 will be held Wednesday, January 20th at 12:00 noon, upstairs in the Westmeath Community Hall. A great lunch with many choices of homemade soups, non-processed meats, and delicious desserts will be served. The cost is \$8.00 and everyone is Welcome.

Items for the local food bank would be appreciated. Our monthly meeting will be held January 13th at 11:00 a.m. You are encouraged to attend, and bring your lunch. Tea and Coffee will be served. Membership for 2016 is now due and remains at \$10.00.

The Wellness Clinic will be held on January 13th at 1:30 pm. Come out and have your blood pressure and sugar checked.

New Members are always welcome.

You are encouraged to submit a recipe for the new Cook Book being published by the United Senior Citizens. Send your recipe to Doreen at charlie99@nrtco.net YOGA will resume again on Wednesday, January 13th at 9:00 am, as well as the Art classes at 1:30.

Once again a lovely time was had at our Christmas Dinner and Dance held in December. A big thank you to Pat and Gary Kutney, Inez and Ted Winter and everyone who helped in any way. Thank you also for the delicious meal catered by the WDRA.

The HWT Project <a href="http://hwtproject.ca/">http://hwtproject.ca/</a> is proudly sponsored by the Riverview Senior Social Club. Gayle Stewart has been busy updating the Lumbering chapter with the Alex Fraser Papers. Many of us have had relatives who worked in the lumber camps or on the Mighty Ottawa, and will find this section most interesting. Like us on Facebook at Riverview Seniors Social Club Thank You for your continued support.



### YOUTH VOLUNTEERS

Between the months of September to December 2015, many of our local youth volunteered their time and energy to aid in work needing done and helping with events at the Westmeath Arena and Hall. This time schools as part of their curriculum.

The following is a list of those who deserve our thanks:

April White Quaid Nicholson Alex Bromley Garrett Robertson Cole Drapeau Sherry Ethier Mason Bromley Aurora Dament Kian Olsheski Kirstvn Olsheskie Parker Lessard **Dustin Ethier** Ashley McDonald Meeka Bromley Ienna White Tyson Lemaire

All volunteers had their name entered into a draw for a \$25 iTunes Gift Card from the WDRA, and the winner was drawn at the Santa Claus Parade. Congrats to our winner Tyson Lemaire!

Additional thanks to our WDRA Youth Ambassador, Sherry Ethier, for her time and effort put forth recruiting, organizing and scheduling the volunteers

#### Great work by all!

The Westmeath Arena will be hosting several hockey tournaments this winter. If you are up for a day of good hockey and fun, whether you're a player, parent or just enjoy the game, come on down and join us!

January 9th - House League Midget Tournament

January 16th - House League Bantam Tournament

January 23rd - House league Novice Tournament

January 30th - House League Peewee Tournament

February 6th - Cobden House League Peewee

Tournament

February 13th - Beachburg House League Atom Tournament



### HAPPY NEW YEAR!!! WELCOME TO 2016

The WDRA would like to extend a Happy New Year and all the best for the upcoming year!