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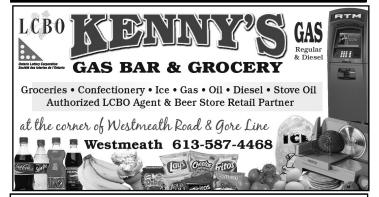


## GOOD FOOD.REAL FAST.™

JOIN THE MOVEMENT Dana Nicholson

**National Director** Independent Consultant, Epicure Office: 18667969798 Email: danasgoodfood@hotmail.com





#### **BEACH-WEST PHARMACY**

1858 Beachburg Road, Beachburg, Ontario K0J 1C0

JIM LABOW – Pharmacist Phone: 613-582-3333 Fax: 613-582-3338

> Pharmacy Hours *Monday − Friday:* 9:30 am − 5:45 pm Saturday: 9:30 am - 12:00 noon

**PRESCRIPTIONS • DIABETIC SUPPLIES HEALTH & BEAUTY AIDS Photocopy and Fax Service** 

#### **ADVERTISE YOUR BUSINESS WITH US**

ONLY \$25.00/MONTH GET ONE MONTH FREE WHEN YOU COMMITT TO A FULL YEAR. FOR MORE INFORMATION OR TO ADVERTISE, PLEASE CONTACT LYNN OR HEATHER AT wdranewsletter@nrtco.net

**ELLIOTT'S INCOME TAX** (613) 582-3431 **318 WESTMEATH ROAD** 





## **UPCOMING EVENTS**

Feb 1st **Euchre Tournament and Games Night** Feb 1st-3rd Memorial Tournament Beachburg, Westmeath And Cobden Feb 6th LaPasse Soup & Sandwich 11:30-1:00 Feb 9th **Peewee Tournament** Feb 13th RSSC monthly meeting Feb 16th Sweetheart Dinner/Dance Feb 20th **RSSC Soup & Sandwich** Cancelled RSSC Pub Night & Talent Feb 20th Show Feb 21st Soup Luncheon **Beachburg United Church** 11:30-1 p.m.-\$6. Feb 21st **WDRA Tupperware Bingo** Feb 23rd **Atom Tournament Family Games Night** March 1st March 1st & 2nd WDRA Winter Carnival March 16th St. Patty's Day

PLEASE WATCH FOR CARNIVAL **POSTERS AND FACEBOOK ADS AS** THERE MAY BE SOME CHANGES!!

Dinner & Entertainment

### FEBRUARY 2019 NEWSLETTER

**To rent Community Centre Hall:** 613-587-4559/613-587-4838 or email wdra@nrtco.net Ice bookings: <u>arenas@whitewaterregion.ca;</u> call Township office M-F, 8:30 am - 4 pm , ask for Debbie

For Newsletter inquiries: Email: wdranewsletter@nrtco.net or call 613-587-4438 ADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH www.westmeathtoday.ca

### Westmeath & District Recreation Association Winter Carnival 2019



Location Friday, March 1st School Carnival Hall / Rink :30-9:00pm Family Game Night Button Hall Saturday, March 2nd **WDRA Kitchen** -10:30am **Buffet Breakfast** As posted Hall (\$9 Adults / \$5 Children / n/c 4years & under) 1:30am-10pm Lunch and evening snacks As posted Hall Children 0am-3pm Crafts and Grain Table (2-5 yrs. olds) Button Hall Youth and Family Family Ball Hockey Tournament Parking Lot am-3pm As posted As posted Bingo Tug War /Lumberiack Competition Button Parking Lot 3:30pm Tiny Tot / Senior Skate Button Rive 1:30pm Game on Ice Button Rive :30pm Glow Stick Skate Rive Adults Bam-11pm Co-ed Adult Hockey Tournament Rink 1:30am-1am Bar Open Hall 3:30pm-1am Button Dance Hall \$5 Without button Draws & Prizes at. 10pm Hall 50/50 Draw

Adult Co-Ed Hockey Tournament- 3 games minimum, contact ashleybertrand@live.ca 613-635-1616 Family Ball Hockey- organized geographically, for details contact nr nicholson@hotmail.com 613-587-4725 Fug a War / Lumberjack Competition- nail pounding, log sawing, start fire boil water, sign up hall morning Mar 3, naterials provided

#### **FAMILY GAME NIGHT**

FRIDAY, March 1st, 2019 6:30 p.m.—9:00 p.m. Westmeath Community Centre Everyone Welcome



Admission Carnival Button Or\$3.00

WDRA

Bring your favourite board game Snacks available



#### **PUB NIGHT & TALENT SHOW**

Wednesday, February 20, 2019, Westmeath Rec Centre Hall

2<sup>nd</sup> ANNUAL COMMUNITY TALENT SHOW

Music, comedy, singing, dance, tall tales, skits. Performances limited to 8 minutes in length.

PUB GRUB: meat pie, baked beans, salad, rolls and desserts, coffee.

#### **DINNER & SHOW FOR \$15.00**

Ticket Sales: Cathy 613-587-4478 or

Heather 613-582-3257

**Riverview Seniors Social Club** 

#### FEBRUARY 20<sup>TH</sup> RIVERVIEW SWITCHEROO

The Wednesday Feb. 20<sup>th</sup> lunchtime **Soup & Sandwich** is cancelled and replaced by the suppertime **Pub Night & Talent Show** on that same date.



# Dinner & Dance

## Saturday, February 16th, 2019

Dinner Menu
Cocktails 6:00 p.m.
Dinner 7:00 p.m.
Appetizers
Pork Loin with herbs & chutney
Chicken
Tasty Sides

Homemade Dessert

Entertainment 7:00 p.m.—11:00 p.m. Featuring: **Dale Yuke** 



Cost \$25. per perso

For tickets of for more information please contact: Bob Grylls @ 613.587.4560; Beth Ethier @ 613. 587.4294 or Brenda Grady @ 613.587.4518







Watch for upcoming WDRA paint night and Sip & Sign to be posted on our FB page for March and April.



#### Saturday, March 16, 2019

Come out and enjoy!



Cocktails—5:30 p.m.

Dinner-6:30 p.m.

Irish Stew, Vegan Stew, Baked Beans & more.

Homemade Bread and Desserts

Entertainment 7:00 p.m.

Featuring: Gillan Rutz

\$15.per person

Westmeath Community Hall

Sponsored by the WDRA

For tickets contact Bob @613-587-4560;Beth @ 587-4294

Or Brenda at wdra@nrtco.net



## Euchre Tournament & Game Night (includes Crokinole & Cribbage)

Where: Westmeath Community Hall When: Friday, February 1st, 2019, 7:00pm Cost: \$10 per person

Snacks provide & Prizes

**Everyone Welcome!** 

For more information contact Beth at (613) 587-4294 or Brenda at <a href="wdra@nrtco.net">wdra@nrtco.net</a>
Sponsored by the WDRA





#### February 2019 Update of Riverview Seniors Social Club

Submitted by Heather Campbell

**The Riverview Seniors Social Club** is a non-profit and volunteer driven organization working to enhance the quality of life, community participation and independence of seniors.

#### COMING EVENTS:

#### Mark Your Calendar:



The Whitewater Singers under the direction of Blaine Sack will continue to meet on <u>Tuesday evenings (7-8:30)</u>. There is no class on the last Tuesday of each month. New members are most welcome. There is no fee. Contact info: 613-587-4251; Cell 343-369-8700. This program is funded by Ontario Seniors Community Grant Program, Ontario Ministry of Seniors Affairs.

Riverview Senior Social Club **monthly business meetings** are the <u>2<sup>nd</sup> Wednesday</u> of every month, starting at 11a.m. until 12:15 p.m. All members are encouraged to attend. It's where planning for our events takes place. Feb. 13<sup>th</sup> will be the next meeting.

The monthly Community **Soup and Sandwich Noon Luncheon** which is generally the **3<sup>rd</sup> Wednesday** of every month <u>is cancelled</u> for February. Plan instead to attend the Pub Night and Talent Show (Wed. Feb. 20<sup>th</sup>). Happy Hour at 5p.m., meal at 6p.m. and Talent Show at 7:30 p.m. \$15 tickets are available from either Heather Campbell(613-582-3257) or Cathy McLeese (613-587-4478) See details in poster in this newsletter.

If you have not renewed your membership, please do so. If you are not a member, why not join? Contact Connie Gray, membership chair (613-582-3390).

Exciting activities are being planned for members.

Copies of "My Wishes Workbook" are still available for purchase at \$15.00. Order by email to: <a href="mailto: mywishesworkbook@gmail.com">mywishesworkbook@gmail.com</a>. Or phone 587-4502. They make great presents.

Please like us and share our Facebook Page!" It's **Riverview Seniors' Social Club**. Go there to learn more about activities offered as well as viewing photos from past RSSC events..

Please note: This Riverview monthly column also now appears on the Club's website. <a href="http://hwtproject.ca/riverviewclubevents/">http://hwtproject.ca/riverviewclubevents/</a> as well as in the Lions' Newsletter.



#### For All Ages

Every 2nd Saturday

February 2nd and February 16th

\$4.00/person

Helmets (all ages) and Indoor Running Shoes or

Broomball shoes required

Brooms provided by Beachburg Public School

For more info, please contact Mary marcy@nrtco.net or 613-582-7491

**Fun for the Whole Family** 

#### WDRA PICKLEBALL CLUB



Adult (16+) Advanced Pickleball

Monday and Thursday nights p.m. to 9 p.m.

For more information contact Roman @ 613.587.4625

Adult (13+) Recreational Pickleball great for beginners

For more information contact Mary

@613.582.7491 or marcy@nrtco.net

Beachburg Public School- \$5.00 per person

First time player—first night free

Visit us at wdrapickleballclub.glogspot.com

#### WDRA FUNDRAISER



Thursday, February 21st

7:00—9:00 p.m.

**Upstairs hall** 

Hosted by Melanie Thompson and Mary Garfat

TUPPERWARE PRIZES FOR WINNERS AS WELL AS
DRAWS FOR LARGER PRIZES

\$10.00 FOR 4 GAMES

EVERYONE RECEIVES A TUPPERWARE ITEM WITH THEIR BINGO PURCHASE.

**DRAW TICKETS SOLD SEPARATELY** 

Live demos and food available—bring friends and your name will go into a draw foe each one you bring!