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JenniferTurcotte.com Info@JenniferTurcotte.com

BEACH-WEST PHARMACY
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MATTHEW CONWAY – Pharmacist
Phone: 613-582-3333 Fax: 613-582-3338


Pharmacy Hours
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Saturday: 9:30 am – 12:00 noon

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Attention, Attention

Westmeath PICKLEBALL!!

The Westmeath Pickleball Club is back in Westmeath and all of the important details are below:

WHEN: Tuesday and Thursday evenings from 6:30-8:30 pm.

WHERE: The Westmeath Arena ice surface. We will enter the building through the door located on the side of the arena next to the staircase.


WHO: Anyone. We are welcoming back the previous players and encouraging new people to come try it out.

COST: \$2 per evening (cash only).

WHAT TO BRING: A Pickleball paddle (if you have one, if not, spares are available), proper footwear, a water bottle, and \$2.

WHY: Pickleball is fun to play and it is great exercise. The Westmeath Pickleball Club is purely recreational and is not competitive. Why not come try out one of the fastest growing sports in the world!

CONTACT: Karen Marcinkowski (karen@marcinkowski.ca, 613-587-4658). If you have any questions, please feel free to reach out to me.





**WESTMEATH & DISTRICT
RECREATION ASSOCIATION**



**UPCOMING
EVENTS**

Oct. 14th Stone Fence Theatre
presents Conspiracy
Conniptions, Westmeath
Rec. Centre Hall -
7:00pm

Oct. 21st Ontario Festival of
Small Halls featuring Ben
Caplan, Westmeath Rec.
Centre Hall - 7:00pm

FOR HALL BOOKINGS
Please call Marg Gervais
@ 613-587-4838



Margaret Gervais
Lifetime Volunteer Award



AUGUST 2023 NEWSLETTER

To rent the Community Centre Hall:
613-587-4559/613-587-4838 or email wdra@nrtco.net
Ice bookings: arenas@whitewaterregion.ca;
or call Courtney at the Township @ 613-646-2282 ext. 150

For Newsletter inquiries:
Email: wdranewsletter@nrtco.net or call 613-587-4394
DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH
www.westmeathtoday.ca

CANADA DAY - THANK YOU!

The WDRA would like to thank everyone for their support for our Canada Day Chicken BBQ and fireworks. There are so many volunteers needed to make these events a success from all the helpers in the kitchen preparing the food, to those cooking the chicken outside to those putting the meals together inside. (Leatrice and her crew of volunteers in the kitchen and Mike Watson and his cooking crew outside). We cannot thank you enough for all that you do. We also would like to thank the fire department who set off the fireworks.

We also would like to acknowledge this years winners of our volunteer awards. Margaret Gervais was the winner of the Life Time award, Nolan Kenny for student volunteer of the year and Peter Crosby for Volunteer of the Year. These individuals have done so much for our community and we are truly thankful for everything they have done and continue to do.

Peter Crosby
Volunteer of the Year



Nolan Kenny
Student Volunteer of the Year





OCTOBER 5th-22nd, 2023

Featuring Ben Caplan at the Westmeath & District Recreation Centre Hall

Saturday, October 21st—Doors open at 7:00 pm

Tickets available for purchase at <https://festivalofsmallhalls.frontgatetickets.com/>

STONE FENCE THEATRE

Presents

Conspiracy Conniptions

Westmeath Recreation Centre Hall,

Saturday, October 14th, 7:00pm

Adults \$40, Youth \$15

Tickets available at
(<https://stone-fence-theatre.square.site/conspiracy-conniption>)
or call, TOLL-FREE 613-401-1497.



WHITEWATER SENIORS Summer 2023

Seniors 55+ from all Whitewater Township communities are welcome to attend any event listed. Require Transportation? If so, be sure to ask when you register. There are no costs unless stated.

We will be having limited programming in July and August.
You can still join us for the Internet Café or check out our frozen meal program.
Stay tuned for events coming up in the fall!

Have a great summer!

Event: **iPad/Internet Cafe**

When: Every second Friday afternoon 1:00 – 3:00, July 14 & 28, August 11 & 25

Where: 20 Robertson Drive, Beachburg
Bring your iPad, laptop, tablet or cell phone for basic support and socializing.
No registration required.

New Location!

THE FROZEN MEAL PROGRAM

Nutritious, delicious frozen meals are now available **every Friday afternoon from 12:30 to 3:30** downstairs at **ConnectWell Community Health**, 20 Robertson Drive, Beachburg.

Place your order beforehand either in person, by email or by calling Margaret. You will then be called when your order is ready for pick up. Limited delivery is available.

Order forms can be found online at <https://www.whitewaterregion.ca/community/seniors/>

Buying, preparing and cooking meals can be a challenge of daily living as an older adult. If you or someone you care for: needs help with meals as they recover from illness or injury; have special dietary needs (diabetic, low sodium, etc.); or would just like an easy meal, this program could be of great benefit.

Meals - \$8.00 / Soups - \$7.00 / Desserts - \$4.75



Carefor



VOLUNTEERS NEEDED!

If you are looking for something to get involved with where you can meet people or lend a hand in your community, please contact Whitewater Seniors and make a difference.

Whitewater Seniors Liaison Coordinator – Margaret Morin
1-833-582-7004 Ext 126
seniors@whitewaterregion.ca
www.facebook.com/WWRSeniors

If you would like to
receive the WDRA
Newsletter
electronically, please
email us at
wdranewsletter@nrtco.net

TOUR de WHITEWATER

We would like to send out a big thank you to all the volunteers who worked to make the 4th annual Tour de Whitewater a huge success on July 15th. Thank you also to those who supported our WDRA Big Buffet Breakfast and the 4H lunch.

Lots of great pictures available on the WDRA Facebook page.

WDRA ANNUAL GOLF TOURNAMENT

Following up our list of winners and hole sponsors in the July newsletter the WDRA would like to thank the many businesses and public who donated prizes for our golf tournament. When you have the opportunity please support them - Gail Ethier, Play It Again Sports, Smitty's Home Hardware, Simple Things, Whitewater Premium Candle, TC Energy, O'Kenny's Spirits, Joe's Family Pizzeria, Urban Oasis, Gourley Performance Products, Judy Gauvin, Mike Moyles, Giant Tiger, Exit Reality - Laurie Fletcher, Bath Boutique, Precision Textiles, Tremblay's Fire Solutions, Canadian Tire, Metro, Mark's, Beachburg Milano's Deli & Bakery, City Electric, Westburne, W.O. Stinson and Sons, Valley Refrigeration, East Side Mario's, Peavey Mart, Dino's, Oaks of Cobden, Coors, Peter and Beth Ethier, Valley Buns Bakery and Deli, Home Depot, Anne and Andrew Bromley, Sheila Perras, Randy Fletcher, Rocky Lacroix, Dinesen Tackle, Linda Mills, Arlene and Mark Deloughery, Dunbar Inspections, Gourley's Outdoors, Devin Davies, Wilderness Tours, Frescos, Best Western, Marie McMullen, Bob Grylls, Heather Fleury, Vizena's Plumbing, Co-operators Perri-Rae Boell, Wolseley Plumbing/HVAC, Joe and Sandy Ortman and Robert Watson.

A special thank you to Linda Mills who once again made hole sponsor signs and to Crime Stoppers Pembroke/Renfrew County that allowed us to use their signs.

Head on over to our Facebook page for many more photos of the day.



RECENT VANDALISM

The WDRA and the community were left disappointed and hurt by recent acts of vandalism at the Westmeath Community Centre and break-in at the hall causing damage. Various items were damaged including the handicap button, the lock box, the booster for our WIFI and the planter box with flowers just to name a few. The OPP was called and attended. If anyone has any information as to whom may have been responsible please call the OPP or crime stoppers. Attached is a copy of a similar planter (same colours) to the one that was at our hall. The planter was destroyed however the planter has not been found.



VOLUNTEERS NEEDED

Delta Bingo

2 bingos per month
Short training period.
We don't want to lose this valuable source or revenue which helps our programming and events.

Table set up and chairs

For events at the hall as well a coordinator to contact volunteers as to date and time required
Email wdra@nrtco.net

Kitchen

For events and catered meals. Contact Leatrice at (613) 587-4503.

School Volunteer Hours

The WDRA offers great opportunities for students to get their volunteer hours in at any of our upcoming events. Please email wdra@nrtco.net if interested.

