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at the corner of Westmeath Road & Gore Line  
**Westmeath 613-587-4468**



**BEACH-WEST PHARMACY**  
1858 Beachburg Road, Beachburg, Ontario K0J 1C0

**JIM LABOW – Pharmacist**  
Phone: 613-582-3333 Fax: 613-582-3338

*Pharmacy Hours*  
Monday – Friday: 9:30 am – 5:45 pm  
Saturday: 9:30 am – 12:00 noon

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**318 WESTMEATH ROAD**

*A friendly reminder that all content and advertising  
submissions for the WDRA Newsletter must be  
received by the 15th of the month in order to  
guarantee inclusion the following month.*

*Submissions can be made via email  
at [wdranewsletter@nrtco.net](mailto:wdranewsletter@nrtco.net).*

*For inquiries, please call Lynn at (613) 587-4438 or  
Heather at (613) 587-4394.*

**WDRA**

WESTMEATH & DISTRICT  
RECREATION ASSOCIATION

**UPCOMING  
EVENTS**

Apr 2nd	WDRA Board Meeting 7:00 pm @ Hall
Apr 4th	Soup and Sandwich LaPasse Parish Hall 11:30 - 1:00
Apr 6th	WDRA Boardwalk Bingo
Apr 11th	RSSC Monthly Meeting
Apr 12th	First Aid/CPR Level C/ Defibrillator Certification Course - 10:00 am (see ad)
Apr 12th	Canada Day Planning Meeting - 7:00p.m.
Apr 16th	AGM - WDRA 7:00 pm.
Apr 18th	RSSC Soup & Sandwich
Apr 19th	CPR/Defibrillator Course 6:00 pm (see ad)
Apr 21st	Beachburg Lions Club Pancake Breakfast (see ad)
Apr 21st	Anniversary Supper at St. Andrew's United Church Beachburg 4-6:30 pm
May 2nd	Soup & Sandwich LaPasse Parish Hall 11:20 –1:00
May 19th	Community Big Breakfast
May 27th	RSSC Spring Tea

**50:50**

Winning number from the  
Irish Stew Supper  
**#012536**  
Amount \$55.00

**Canada Day Planning  
Meeting**

Thursday, April 12th 7:00 p.m.

**Westmeath Community Hall**

**Volunteers are needed to make this  
happen...please try to attend!**



**APRIL 2018 NEWSLETTER**

To rent Community Centre Hall :  
613-587-4559/613-587-4838 or email [wdra@nrtco.net](mailto:wdra@nrtco.net)  
Ice bookings: [arenas@whitewaterregion.ca](mailto:arenas@whitewaterregion.ca);  
or call Township office M-F, 8:30 am - 4 pm , ask for Debbie

For Newsletter inquiries:  
Email: [wdranewsletter@nrtco.net](mailto:wdranewsletter@nrtco.net) or call 613-587-4438  
DEADLINE FOR NEWSLETTER ENTRIES IS THE 15TH OF THE MONTH  
[www.westmeathtoday.ca](http://www.westmeathtoday.ca)

**WESTMEATH & DISTRICT  
RECREATION ASSOCIATION**

**ANNUAL GENERAL MEETING**

**Monday, April 16th, 2018**

**7:00 p.m.**

**Westmeath Community Hall**

**Everyone Welcome**

**Volunteers needed**

**Positions on the Board**

**For more information contact**

**Brenda Grady at [wdra@nrtco.net](mailto:wdra@nrtco.net)  
or Neil Nicholson at [n\\_r\\_nicholson@hotmail.com](mailto:n_r_nicholson@hotmail.com)**

**COMMUNITY**  
*Big Breakfast*

Westmeath Community Centre  
Saturday, May 19<sup>th</sup>, 2018

Breakfast  
7:30am-11:00am  
Adults - \$9.00, Children 5-10 years - \$5.00  
4 years & under - free

**Yard Sale**  
8:00am – 2:00pm  
Cost - \$20.00 per space  
includes one table  
Advertise your own Yard Sale - cost \$3.00  
(Must book by Friday, May 11th to ensure it  
makes it onto the list/map)

For more information or to book a space, please contact Brenda  
at 613-587-4518 or [wdra@nrtco.net](mailto:wdra@nrtco.net)

**CPR/Defibrillator  
Course**

Westmeath  
Community Hall

Thursday, April 19th

6:00 p.m.

Please contact  
Brenda  
at [wdra@nrtco.net](mailto:wdra@nrtco.net)

613-587-4518

For information or  
To book a space






# Tour de Whitewater

**Rides for Everyone!**  
150K, 100K, 50K, 30K, & 10K Family  
NEW 60K Gravel Ride!

**Saturday, July 7, 2018**

Westmeath, ON Arena & Hall  
Scenic Routes \* Lunch \* Door Prizes \* Cash Bar

**Register before June 15th**  
& receive a pair of Tour de Whitewater socks!

**Register online:** <https://tourdewhitewater.blogspot.ca>  
Email: [tourdewhitewater@gmail.com](mailto:tourdewhitewater@gmail.com)

**Community Breakfast \$8/plate**







## FUNDRAISER

### FOR KRISTIN SELLE-OMOE

**Sunday, April 22, 2018**  
**Germania Club**

Dance 2 - 6 PM/\$10.00 per person  
Music by Ralph Selle and Douglas Connection  
Light lunch will be served at 4:00 p.m.

**Kristin was seriously injured when she was hit by a car in Vancouver December 14 and is needing months of rehab to walk again**

For tickets please call 732-7045 and leave a message.

**Kristin is the daughter of Ron & Judy Moss and Ken & Lisa Selle**

**Emergency First Aid / CPR Level C / Defibrillator Certification Course**

**Thursday, April 12th, 10:00 am**  
Westmeath Community Hall

For information or to register, please contact Brenda at [wdra@nrtco.net](mailto:wdra@nrtco.net) or (613) 587-4518



## Mother's Day Brunch

**Sunday, May 13th**  
**10am – 2pm**

Featuring; Roast Beef, Breakfast Items, Salad Bar, Baked Goods and much more  
**Complimentary Flower for Mom**

Adults \$23.95  
Children \$12.95

**Reservations 613.646.2241 x241**  
[Raft@WildernessTours.com](mailto:Raft@WildernessTours.com)

503 Rafting Rd  
Foresters Falls, ON



*It has been another good season at the Westmeath Rink!  
The ice is now out I would like to say thank you to all who helped me out, coaches, referees, net movers and anyone else who lent a hand. Thanks again! - Mel*

### Beachburg Lions Club

#### Pancake Breakfast

**Saturday, April 21<sup>st</sup>, 2018**  
7:30 am to 11:00 am

Home-made Pancakes with Maple Syrup  
Home Fries, Bacon, Sausage and Scrambled Eggs  
Coffee, Tea and Juice

Adults: \$9.00, Children 5-12 yrs \$5.00,  
4 and under free

Come and join us at the Beachburg Lions Hall  
Proceeds from this event will go to Lions Projects





### April 2018 Update of Riverview Seniors Social Club

*Submitted by Heather Campbell*

**The Riverview Seniors Social Club** is a non-profit and volunteer driven organization working to enhance the quality of life, community participation and independence of seniors.

**PLAN TO ATTEND THE WEDNESDAY APRIL 11TH MEETING.** Input is welcomed from all members. These business meetings are held the second Wednesday of every month at the Westmeath Recreation Centre Hall.


**If you are interested in becoming a member, please contact membership chair Connie Gray at 613-582-3390. Cost \$10**

The Monthly Paramedic Wellness Clinic and the Foot Care service opportunities are available on the 2nd Wednesday, at 12:30 each month, after the business meeting. The monthly wellness clinic is free and offers a chance to have your blood pressure, heart rate, temperature and pulse checked. There is a \$20 charge for the foot care.


Don't miss the monthly Soup and Sandwich luncheon at noon on Wednesday April 18<sup>th</sup>. Cost is \$8. Thanks to our convener Laurine and to the faithful workers in the kitchen as well as those who contribute food for these monthly luncheons. Please contact Laurine (613-587-4491) if you are a member and can contribute.

With the very successful Pub Night and Talent Show now behind us, as well as March 24<sup>th</sup>'s fun-filled Murder Mystery Dinner, plans are starting for the Spring Tea to be held on Sunday, May 27<sup>th</sup>. The committee is chaired by our very capable Doreen McNair. The April newsletter will have more details.

Copies of "My Wishes Workbook" for \$15.00 are still available. Order by email to: [mywishesworkbook@gmail.com](mailto:mywishesworkbook@gmail.com). Or phone 587-4502. They make great presents.

 Please like us and share **Riverview Seniors Social Club** Facebook Page for ever-evolving new ideas, trips and projects and pictures!

**Also, for those of you interested in visiting museums in the Ottawa area, please note that you can obtain FREE at any one of the White-water Region Public Libraries "The Ottawa Museum Pass" which allows you to visit your choice of 10 different museums, including "Diefenbunker:Canada's Cold War Museum". I have reports from families who made use of these quite recently and were very grateful for the amount of money saved.**



**Thank you to the following people for all their work at the Carnival**


Caroline Ellis for the kids corner and face painting; Anne Bromley for the grain table and Anne Bromley and the 4H Chocolate Club for all the baking; Marie McMullen and Leatrice Norlock for organizing the kitchen; for all the volunteers who worked in the kitchen and for everyone who donated food; Marie McMullen for organizing the dance; Marg Gervais for canvassing for the food; RSSC, Pauline Wright and Doreen McNair for Bingo; Danielle Gervais for the bar; Ashley Bertrand for organizing the Hockey Tournament; Mel deHann for all his work; Terry Bromley for the use of his straw for the day and Arnold deRuiter for the help loading it up; all the ball hockey coaches and participants; Dave Lessard for the excellent scavenger hunt; Dave Lessard and Louise Drapeau for the glowstick skate; The Garfat family for the broomball as well as for the tug of war; Play it again Sports for the donation of the jacket, hoodie and cap for the button draw

**BOARDWALK GAMING CENTRE PEMBROKE (BINGO)**

Next Training Session  
April 14th - 1 - 3:30 P.M.

If interested contact Brenda  
[wdra@nrtco.net](mailto:wdra@nrtco.net)

**OUR NEXT BOARDWALK BINGO IS APRIL 6TH**



### WDRA...small grants update

- Hall steps and Ramp. The WDRA received confirmation from the Ontario Trillium Foundation that we were not selected for the recent grant allocations but that we are able to apply again in August. Bob Grylls is currently working to update the file and make it even stronger so that we can apply again.
- Hall and Rink Front Windows—We have also prepared an application to Farm Credit Canada for a grant available to rural communities to replace these windows
- Programming—We have submitted applications submitted to Whitewater Region to help subsidize the costs to run youth and adult programs in our community including activities like skating lessons, hockey lessons, broomball, ball hockey, pickle ball, yoga and tai chi. We have also sought funding to expand the distribution of our newsletter to include more of the families that traditionally participate in these activities.